

A Selected Annotated Bibliography of Books at
the New Muslim Project Collection:
Providing a Guided Description of Islamic Resources for Information Seekers in
Aotearoa New Zealand

by

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Submitted to the School of Information Management,
Victoria University of Wellington
in partial fulfilment of the requirements for the degree of
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with respect to a MIS Research Project (INFO 580)

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(hereafter referred to as 'The MIS Research Project')

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i. Preface

“Islam is the religion of one in five people on earth. Five times a day millions of people—from Cairo to California, and from Damascus, to Paris and Manila – face Mecca to pray. Yet, Islam is, without doubt, the most misunderstood of all religions. Unfortunately, what people think they know is invariably wrong, often horribly wrong—a creation of an ethnocentric media fuelled by a very unrepresentative group of alleged Muslims.”

- Özalp, M. (2013). *101 Questions You Asked about Islam*.

Blackheath, N. S. W., Australia: Olive Branch Press

ii. Dedication

To Dr. *Zaidah Mustaffa* (1975 – 2015), in memoriam.

Loving wife, best friend, muse eternal.

You were there in person, when I nervously started this journey.

You are here in spirit, when I proudly arrived at the destination.

“And the Hereafter is better for you than the first [life].”

- *Qur'an* [93:04]

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Last, but by no means least, I would also like to thank family members, friends, and colleagues for giving me needed space, moral support and understanding since the very beginning of my studies. You guys are the best!

iv. Abstract

The New Muslim Project (NMP) office has a considerable collection of printed books about Islam, and the unique feature of the collection is that most the books are in English. These meticulously handpicked books are available to either be taken home permanently (as some titles have multiple copies), or borrowed by those who would like to know about the religion. NMP's initial plan was to set up a proper online library for the collection. However, due to the scarcity of staff time and volunteers, the collection lacks even a basic catalogue that makes informed access to the books almost impossible. The main objective of this bibliography is not about introducing Islam. Instead, it is about providing people with a relevant summation of selective Islamic books from the NMP collection so they are better informed before choosing a book from NMP collection to read.

The bibliography of selected Islamic books from the NMP collection consists of entries arranged in an index card format utilising a modified variety of the Zotero reference report. The primary focus of the bibliography will be the annotations, and subjects that categorise each book. Each book's annotation will help readers decide whether the book contains the information they seek. Subjects work as a rudimentary method of grouping the bibliography, as well as an elementary approach for readers when deciding on a topic to read. The items are first grouped based on their subject, and then ordered alphabetically based on their title. Lastly, the bibliography also provides a list of subject, tag and author indexes to further facilitate readers' access to the selected books.

Keywords

Selective annotated bibliography; New Zealand; Islamic books; Information access

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PART I: BIBLIOGRAPHY PLAN

1. Background

1.1 Current Situation of the Muslim population

In 2010, Muslims constituted about 23% of the world population, and this percentage is expected to increase to approximately 30% in 2050 (Pew Research Center, 2015). This represents a jump from about 1.6 billion people in 2010 to about 2.8 billion people in 2050. If this projection materialises, Islam will almost equal Christianity in numbers, which itself is projected to reach 2.9 billion people, maintaining its place as the world's largest religion in 2050 (Pew Research Center, 2015).

Despite the large and steadily growing number of Muslims, Islam is unfortunately becoming increasingly affiliated with phrases such as 'Islamic extremism' and the ensuing resultant, 'Islamophobia'. Islamic extremists are known to carry out unnecessary violence across the world and they rationalise their acts by translating the Quran and the Hadith based on their own objectives (Holbrook, 2010). Meanwhile, Islamophobia points to "fear, prejudice, hatred or dislike directed against Islam or Muslims, or towards Islamic politics or culture" (Conway & Runnymede Trust, 1997). The September 11 attacks of 2001 by 'Islamic extremist' group al-Qaeda has undoubtedly fuelled the growth of Islamophobia (Allen, 2004).

If the entire Muslim world (about 23% of our global population) interpreted the Islam the same way as the above said extremists, there would be no Muslim resisting their (mis)interpretation of Islam and fighting their ideology. Meanwhile, the "contrasting views on Islam" that produced Islamophobia are primarily the result of a lack of knowledge and understanding about the basic characteristics of the religion (Holbrook, 2010). It may be

logical to suppose that one factor driving this lack of knowledge, and understanding, might be caused by a lack of access to relevant and authentic information pertaining to Islam.

1.2 History and Growth of Islam in Aotearoa New Zealand

Muslims have been in Aotearoa/New Zealand since the 1850s with the arrival and settling of a Muslim family from India, in Christchurch (Mahmood, 2006). In addition to that, Muslim gold diggers from China were reported to have worked the goldfields in Otago in the 1870s (Mahmood, 2006). The numbers kept growing as the emigration of Muslims from various parts of the world increased from the 1950s, and continue to this day; they have emigrated to New Zealand as both professional and skilled workers, but also as refugees from conflict zone such as Afghanistan, Palestine, Iraq and most recently, Syria.

Another factor that has contributed to the increase in the number of Muslims in New Zealand is the conversion of local Kiwis to the Islamic faith. In 2013, the local revert (converts to Islam) population numbered around 5,500, of which 4,400 are Pākehā (New Zealanders who are of European, mainly Anglosphere descent) and 1,100 are Māori (Mahmood, 2006). The continued emigration of Muslims from other parts of the globe into New Zealand, coupled with the increasing number of local conversions resulted in the Muslim population rising from 36,072 in 2006 to 46,149 in 2013 (Mahmood, 2006). This growing Muslim population in New Zealand mirrors the global projection made by the Pew Research Centre.

1.3 Access to Relevant Information about Islam in New Zealand

It can be argued that a new generation of Muslims in New Zealand (second generation immigrants) would want to learn about their faith. But the number of dedicated

Islamic information centers are few, and are mainly centered within the Masajid (Mosques) (Mahmood, 2006). Although everyone, including non-Muslims, are welcomed to all the Masajid in New Zealand, most (if not all) of the Muslim prayer centres in New Zealand were built or structured around a specific ethnic community or culture (Drury, 2006). This subsequently means that much of the Islamic resources in those Masajid's collection are in the mother tongue of the predominant ethnic community; a Masjid that is predominantly Pakistani, Indian or Bangladeshi will most likely stock Indian or Urdu language pamphlets/booklets in their collection. Similarly, predominantly Arab Masjid will hold a primarily Arabic language collections, and predominantly Indonesian, Singaporean or Malaysian Masjid will hold their collection in mostly Malay, and so on.

1.4 The New Muslim Project and its Islamic Books Collection

The New Muslim Project (NMP) was formed in 2012 "to find ways and means to provide help and support for all those who are new to, or are interested in learning more about, Islam" ("New Muslim Project NZ – About Us," 2016). NMP's method of achieving its goal is by "strengthening its material and resources base" and the primary way of achieving this is by providing various authentic information that comes from valid sources ("New Muslim Project NZ – About Us," 2016). NMP is headed by an Egyptian, Sheikh Rafat al-Najm, who himself emigrated to New Zealand in 1997. Sheikh Rafat is a Muslim scholar who studied at the prominent University of Al-Azhar (Islamic Studies) and Cairo University (Law and Islamic Law), and he is also an appointed Muslim Chaplain at Auckland University of Technology (AUT) ("Chaplains at AUT University," 2016). In short, NMP is overseen by a

qualified professional, and this helps fulfil the organisation's objective of providing authentic Islamic information that comes from valid sources.

Many of the printed Islamic books in NMP's collection are in English, with only some of them in other languages. This bodes well with second generation Muslims in New Zealand, who were born and educated in the country, as well as reverts (the word used to describe new Muslims) who consist of mainly Pākehā and Māori, and as such can already read the language. The objective of selecting books in languages other than English is to provide the same authentic Islamic information to non-English speaking patrons. Some of the other languages represented in the collection include French, Chinese, Spanish, Japanese and Portuguese.

Another important observation to highlight is that, for some reason, some new reverts tend to prefer seeking Islamic resources without exhibiting their new Islamic identity to both the public, as well as the Muslim community (Kolig, 2003). Hence, they will not usually approach information centres based in Masajid. This is where the NMP collection holds an advantage of being based outside of the Masajid, as its 'unofficial' and 'third space' atmosphere allows people who are concerned about privacy to congregate without judgement or pressure. An online library will also be an added advantage as the collection can then be accessed from anywhere there is internet access.

Another advantage of NMP is the various subject areas related to Islam that it carries. Most Masajid traditionally hold just the noble Qur'an, its transliteration, and translations, as well as books of hadeeths, a collection of traditions containing sayings by Prophet Muhammad – peace be upon him (ﷺ) (Mahmood, 2006). The reality is, however, that Islamic based knowledge includes more than the previously mentioned sources carry, and Islamic scholarship continues to expand into areas of knowledge pertinent in modern

society. Other subject areas (mostly in English), are available at NMP, but need to be annotated properly so patrons can organize their readings accordingly. In addition to an organized reading list, the annotated bibliography will also be properly indexed to facilitate access for patrons who prefer to undertake their search via other elements such as subject, author etc.

2. Objectives and Intended Audiences

2.1 Background of NMP Collection

The New Muslim Project buys the majority of the printed Islamic books in its collection. However, the organisation also receives donated materials from the public. So far, NMP has close to 200 titles in its collection and the books hold information about various subjects pertaining to Islam. In addition to the subject that talks about the core of the religion, the collection also holds other subjects such as history, psychology, business and finance, relationship and marriage, parenting, and personal health, to name a few.

NMP usually keeps multiple copies of each book, and patrons can either borrow, or for the titles with multiple copies, take them permanently. Currently, the only way patrons can access the collection is by going to the NMP office which is located in the Auckland CBD and browsing the titles once they are on-site. There is only a logbook in the office for patrons who wish to take out material from the collection. The logbook collects patrons' details such as name, email address, telephone number, and the titles that are taken out.

One of NMP's primary means of achieving its objective of aiding all those who are new to Islam or interested in learning about the religion, is by providing informative resources that are authentic and acquired from valid sources ("New Muslim Project NZ – About Us," 2016). With this in mind, the acquisition of the book is screened by the qualified eyes of Sheikh Rafat. Books which are to be procured are vetted prior to purchasing while the donated ones are checked for suitability upon being received. Donated books that are not suitable will not make it to the collection. This meticulous vetting is done based on NMP's mission of providing both Muslims and non-Muslim patrons' access to only relevant and authentic resources, which will provide the most accurate representation of Islam. NMP is

striving to be the source of truth for the community it serves, based on the objective the organisation has laid out on its website (“New Muslim Project NZ – About Us,” 2016).

2.2 Challenges and Objectives

2.2.1 Challenges of NMP Collection

Currently, not many people know about the existence of the information resources that are held at NMP. Only people who go to the office will know, and from there onwards, word of mouth from those who have visited the office plays an important role in spreading knowledge about the collection. Furthermore, the only form of organisation entailed in the collection is that the books are placed on the shelf. Without a cataloguing system, offline or online, it is impossible to do a guided search of the resources. In addition, NMP is also understaffed with only one part-time Manager and very few regular volunteers. To compound this particular problem, both are not skilled in properly managing information materials.

2.2.2 Objectives

The main goal of doing this annotated bibliography is to facilitate the discovery of NMP’s collection. With a bibliography, patrons will be better informed prior to deciding on which book to read or take away, and this will also considerably reduce their time searching. In addition, the bibliography will enable more visibility and access to Islamic resources, which will provide accurate and positive information about Islam with the aim of thwarting extremism and Islamophobia. Furthermore, with a more organised collection, through

bibliography, efficiency of the currently small-staffed organisation will hopefully be improved to allow it to provide other forms of services to the communities it serve.

2.3 Intended Audiences

This bibliography is aimed first at new Muslims as they need further resources that can guide them in their new life. With this bibliography, new Muslims have an efficient and effective way to access a subject. Reading everything one can get one's hands on is good to canvas one's new faith, but sometimes, one wants to only focus on a specific aspect of the religion, and this is where the bibliography can lend assistance.

The bibliography also suits people who are interested to know about Islam. This audience may consist of researchers, journalists and those who want to know more about the religion before deciding to join it, or not. Islamic knowledge covers a vast number of subjects, and this can be a daunting experience for many. For example, a person might just want to know about the origin of the religion. This person can use the bibliography and focus on selected books in the collection that are categorised under the subject 'history'. The annotations will further assist the person by giving description to the type of history a particular book holds. Without an annotated bibliography, a patron will probably need to unnecessarily spend more time going through the unorganised collection.

Another audience that might benefit from the bibliography is people who are born of Muslim parents. The bibliography will arguably be able to provide them with a quick guide to knowledge that they might want to refresh themselves with. NMP also provides its collection and services to the Muslim population and thus provides an opportunity for them to refresh their knowledge about Islam. The bibliography can assist them in pinpointing an area that needs re-learning.

3. Coverage by Other Bibliographies and Databases

NMP was formed to assist people with their quest for relevant information about Islam. To achieve this, it is best if they are first introduced to the foundation of the religion. However, most of the bibliographies and databases do not provide the important combination of covering the fundamental knowledge of Islam and most importantly, the resources covered in those bibliographies and databases are not easily accessible within the country.

The following list of bibliographies and databases, sourced from Te Puna, deal with various aspects of Islamic subjects, but they do not fulfil the complete objective set out by the creation of annotated bibliography of selected NMP resources:

1. Ali, S. N., & Ali, N. N. (1994). *Information sources on Islamic banking and economics, 1980-1990*. London: Kegaul International.
2. Hamarneh, S. K. (1964). *Bibliography on medicine and pharmacy in medieval Islam* (Veröffentlichungen der Internationalen Gesellschaft für Geschichte der Pharmazie, n.F., Bd. 25; Veröffentlichungen der Internationalen Gesellschaft für Geschichte der Pharmazie e. V, n.F., Bd. 25). Stuttgart: Wissenschaftliche Verlagsgesellschaft.
3. Geddes, C. L. (1973). *An analytical guide to the bibliographies on Islam, Muhammad, and the Qurān* (American Institute of Islamic Studies. Bibliographic series, no. 3; Bibliographic series (American Institute of Islamic Studies), no. 3). Denver: American Institute of Islamic Studies.
4. Aftab, T. (2008). *Inscribing South Asian Muslim women: An annotated bibliography & research guide* (Handbook of Oriental Studies. Section 1, The Near and Middle East, v. 91; Handbuch der Orientalistik, Erste Abteilung, 28625 Nahe und der Mittlere Osten ;28625 91 Bd). Leiden: Brill. doi:10.1163/ej.9789004158498.i-616

All four annotated bibliographies listed above are in fact good examples of introducing basic information about Islam, but unfortunately none of them specifically cover materials that can be accessed locally.

For a fast-growing religion like Islam, easy access to relevant and authentic information about the religion should be an important requirement. The importance is compounded in the current political climate of 'Islamic extremism' and Islamophobia. Access to relevant and authentic information can play both a role in thwarting adherents to the religion from self/mis-interpreting Islam, as well as clarifying misrepresentations of the religion with the aim of preventing Islamophobia (Holbrook, 2010). Unfortunately, bibliographies and databases of printed Islamic books that point to a New Zealand collection is close to non-existent. Therefore, the objective of creating this annotated bibliography of selective books in NMP collection, based on subject areas that promote a relevant and authentic understanding of Islam, is to address this gap.

4. Scope of Bibliography

Currently, the New Muslim Project collection only holds mainly physical Islamic books, which are either bought or donated. Not all materials will be included in the bibliography, hence, the scope is to organise and chronicle selective materials based primarily on their subject. At the moment, due to limited staff time and lack of volunteers, there is no format of arrangement in the NMP collection. This bibliography will have a secondary objective which is to produce a more systematic way of organising the NMP collection.

4.1 Subject

The bibliography will consist of almost all materials in NMP collection except for the noble Qur'an and hadeeth, and the numerous languages that they are translated into. The main reason is that these sacred materials are best studied accompanied by a qualified scholar to avoid any misinterpretation as most the information is contextual in nature (Holbrook, 2010). The current global atmosphere of extremism and Islamophobia were born from the misinterpretation of the abovementioned material (Conway & Runnymede Trust, 1997). Subjects chosen for inclusion will reflect matters concerning everyday happenings and issues. The reason for this is to allow readers the chance to make a comparison, if there is any. Subjects includes business, finance, relationships, psychology, health, jurisprudence, and history.

4.2 Time

Preference is not applied in terms of time frames of the selected resources.

If there is any application of time frames for this bibliography, it will be solely based on the existing NMP collection which ranges from early 1900s until the current day.

4.3 Location

Materials included in the bibliography are sourced exclusively from the current NMP collection. Since the bibliography is based on the location of the materials, there is no point to also include materials held elsewhere now. Nevertheless, this limitation can be revisited in the future if NMP plans to expand its resources outside of the current setup.

4.4 Format

Currently, the resource format is limited only to printed books that are held in NMP collection. When the NMP online library is fully operational, eBooks will be considered for inclusion in an updated version of the bibliography. An alternative is to create another bibliography that focuses on selective electronic materials in the NMP collection.

5. Information Searching Plan

“Its (a bibliography) immediate aim is to identify and describe in a systematic arrangement the books that may be suitable for a particular purpose or that have other common characteristics.” - Clapp, V. (Bates, 1976)

The quote above by Verner Clapp with regards to a bibliography is used to start this section with reason. This bibliography is the subject variation (instead of the enumerative alternative), which means that selected books from a collection are arranged primarily based on the identification and description of their content (Bates, 1976). As a comparison, an enumerative bibliography identifies and describes the complete inventory of the same collection. In addition to being a subject based bibliography, all selected resources are located in a single collection. With this in mind, there is no valid requirement to produce an information searching plan when looking for resources to populate the bibliography because all resources from the bibliography came from a single source.

Nevertheless, a very basic information searching plan was utilised when looking for existing bibliographies. A very wide net was cast by using Te Puna Search because it searches both the local and international library holdings. A couple of keywords were utilised, “annotated bibliography” and “Islam” (both without the quotation marks) that produced 1,413 search results. Filtering the search results by choosing only resources found in New Zealand libraries reduced the list to exactly 100, and further filtering it to “books” gave a manageable 54.

6. Proposed Format of Entries

6.1 *Bibliographic Style*

As mentioned in the earlier section, the bibliography entries are to be in a format created from a modified version of the Zotero reference report. The basic structure of an entry will look like the following:

- Title
- Type
- Author
- Place
- Publisher
- ISBN
- Call Number
- Date
- Short Title
- # of Pages
- Tags
- Notes

The Zotero reference report has a slightly different convention from the EndNote Manuscript reference style when describing some of the headers. One of the main difference is the use of the word “Tags” instead of “Keywords”. “Annotation” is replaced by “Notes”.

6.2 *Format of Annotations*

To reiterate, annotations in a Zotero produced bibliography are represented by the word “Notes”. In this bibliography, informative and evaluative methods of annotations are proposed. The collection subject, along with the entry’s content description (i.e. from the entry’s title all the way to the # of pages - based on an entry’s bibliographic style mentioned above) is the primary source of informative annotation. The information that populates the field “Tags” and “Notes” are evaluative as the information invokes the reader's judgment on whether the material is suited for the reader’s current requirement for knowledge.

7. Proposed Method of Organising Information

This annotated bibliography will be created by using the Zotero reference management software, version 4.0.29.10. Zotero is an open-source software used to handle bibliographic data. In addition to Zotero being a free software, it is also chosen because of its user-friendly user interface and the portability of the program. Another software, EndNote, was also considered initially for the purpose of acquiring experience of using another reference management software but limited time resources prevented me from choosing the application.

One important disadvantage of opting to use Zotero, when planning to organise the collection based on subject, is that the software is incapable of doing just that; currently, only EndNote has the capability to arrange collections based on subject. The decision to stick with Zotero was made after weighing in other contributing factors, such as time and the actual number of subjects to be used to base the collections. Time resources are indeed limited, and reduced further with full time work commitments. However, after realising that the number of subjects are small and manageable, the decision to stick with Zotero is justified. The index report can still be done manually and this is also a workable choice.

A report will be generated directly from the Zotero library collection into an organising format explained in the previous section of this paper. A list of tag indexes (“keywords” in EndNote) will also be produced as a secondary reference but as mentioned above, the report will be done manually. An alternative to force the automatic production of the report may be undertaken by running a script or by installing a third-party plugin. Further testing’s will be required, but to be conscious of time, the report will also be prepared manually parallel to the testing’s.

8. Proposed Arrangement and Access

8.1 Arrangement

From the start, it was planned for the bibliography entries to be arranged based on subject, and from then on, chronologically based on the title of each book in the NMP collection. Subject will be the main identifier for patrons, as their first level of classifying an item for reading selection. Since the bibliography will be arranged based on subject, each subject collection will start with a short summary of the collection.

8.2 Access

Access to the bibliography will be in both print and digital (raw) form in the Zotero library. The print version will be converted into both OpenDocument file (.odt) and Portable Document Format (PDF). The decision to use .odt is because the format is compatible with widely used Microsoft Word, as well as popular open source document applications like OpenOffice and LibreOffice. PDF is also chosen because of the format's reliability that is independent of a proprietary software, hardware or the machine's operating system.

NMP has an official website (<http://newmuslimproject.co.nz/>) and the plan is to make the print form of the bibliography accessible from a dedicated page on the website. It will be suitable if the page talks about available information resources in its collection. As mentioned earlier, NMP is planning to set up an online library to manage its growing collection. The online library will be the most suitable place for both the print and raw form of the bibliography. The bibliography usage statistics will also be set up to gauge its usage. It is also suggested that NMP make use of its available social media networks (SMNs) to promote the availability of the bibliography once it is ready.

9. Proposed Output Format

Below is the proposed output format of one bibliography collection and an entry. It will start with the collection subject name and a short summary of the collection. The entry sample is placed right after the collection summary and line. Subsequent entries will also be separated by the same line.

Collection subject: Women in Islam

This collection covers the very important, yet arguably misunderstood role of Muslim women in society, education, industry, economy, etc.

Bent rib: a journey through women's issues in Islam

Type	Book
Author	Huda Khattab
Place	London, U.K
Publisher	Ta-Ha
ISBN	978-1-897940-57-0
Call Number	BJ1292.W6 A42 1997
Date	1997
Short Title	Bent rib
# of Pages	127

Tags:

Conduct of life, Customs and practices, Islam, Muslim women, Women in Islam

Notes:

This book tells about the women's right, the correct concept of women in Islam, and misleading concepts held by society. The book also encompasses every facet of a married Muslim

woman, her relations with her husband, her family, her children, and the society.

10. Future development of the bibliography

The New Muslim Project collection is growing and the organization has planned for it to be more organized and discoverable for its current and future patrons. One of their plans to achieve this objective is to create a proper online presence in the form of an online library that not just highlights their collection, but also provides a platform for patrons to search, evaluate and borrow available books.

This bibliography will act as a basis for the organization to carry out their objective, while providing a database of metadata that they can add to as the collection increases.

11. Bibliography for Part I

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- New Muslim Project NZ – About Us. (2016). Retrieved December 16, 2016, from

http://newmuslimproject.co.nz/?page_id=2803

Pew Research Center. (2015). *The Future of World Religions: Population Growth Projections, 2010-2050*. PEW Research Center. Retrieved from <http://www.pewforum.org/2015/04/02/religious-projections-2010-2050/>

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PART II: THE BIBLIOGRAPHY

Introduction

The bibliography is based on 100 selected books from the New Muslim Project collection. As previously mentioned in Part I: Bibliography Plan, the Qur'an (and its translations) and the Books of Hadeeth are not included in this work. However, books that describe and offer methodologies to properly understand the Qur'an and the Hadeeth are included. The bibliography is divided into 5 sections:

1. Books on Islamic teachings and worship;
2. Books on Islamic history and biography;
3. Books on Islamic business and finance;
4. Books on Islamic interpersonal relationships;
5. Books on Islamic personal wellbeing.

Section 1. Books on Islamic teachings and worship

There are 37 titles under this section and they consist of books that basically explain what Islam is, and how Muslims are supposed to carry out their lives as per the authentic teachings of the religion. Specific books about rituals and worships can be found in this section, as are books that describe and offer methodologies to properly understand the Qur'an and the Hadeeth.

1. 101 Questions You Asked About Islam

Type Book

Author Mehmet Ozalp

Place Blackheath, N.S.W.

Publisher Brandl & Schlesinger

ISBN 978-1-876040-63-5

Date 2004

of Pages 350

Tags: Islam; Muslims; Religion in politics; Terrorism; Women in Islam

Notes:

“101 Questions You Asked about Islam” is a book that tackles some of the most basic questions that cover some of the fundamental topics on Islam. The author starts by making readers aware of the sheer number of Muslims in the world that are scattered around the globe, and goes onto describe that despite this, Islam is unfortunately still a misconstrued faith. This book is an excellent attempt at correcting misconceptions and covers important topics about Allah, Prophethood and revelation, judgment day and life after death, personal practice and spirituality, women in Islam, Islam and democracy, the concept of jihad, Muslim perspectives on life, as well as many other contemporary issues facing Islam and Muslims.

2. Arabic Through the Qur'an

Type Book

Author Alan Jones

Place Cambridge

Publisher The Islamic Texts Society

ISBN 978-0-946621-68-2 978-0-946621-67-5

Date 2008

of Pages 331

Tags: Arabic language Grammar; Koran Language, Style

Notes:

Arabic through the Qur'an describes forty lessons of Quranic Arabic, individually and meticulously along with samples of a few grammatical topics. This is followed by the introduction of a vocabulary of new words, and a translation exercise. In addition, Arabic through the Qur'an also presents pointers to several exercises, a vocabulary of words and an appendix of technical terms.

3. A Simple Guide to Prayer for Beginners

Type Book

Author Batool Al-Toma

Author Islamic Foundation

Place Leicester

Publisher The Islamic Foundation

ISBN 978-0-86037-486-2

Date 2009

of Pages 74

Tags: Prayer for beginners

Notes:

"A Simple Guide to Prayer for Beginners" is a guidebook that is written for the benefit of Muslims, with regards to how Salah (prayer) is correctly performed. The author's objective is to provide a user-friendly 'how-to-pray' book for the increasing number of Muslim converts located in the United Kingdom. The book itself contains images, step-by-step instructions, and recitations used during the prayer. The Arabic recitations during prayer are published in both English transliteration and translation.

4. Charity in Islam: Comprehensive Guide to Zakat (Islam in Practice)

Type Book

Author Ömer Faruk Şentürk

Place Clifton, NJ

Publisher Tughra Books

ISBN 978-1-59784-920-3

Date 2016

Short Title Charity in Islam

of Pages 246

Tags: Charity; Zakat

Notes:

“Charity in Islam: Comprehensive Guide to Zakat (Islam in Practice)” is a book that helps Muslims better understand one of the five pillars of Islam, all of which serve as the foundations of the religion. The book makes readers aware of how an effective Zakat (charity) collection and distribution assists in maintaining economic equilibrium in society. The book also describes how Zakat encourages a person to share his wealth, to benefit the poor as well as himself. This is an excellent guide book for Muslims who wish to perform the act of charity properly and continuously, and for non-Muslims to discover the reasons why Islam places charity as one of the foundations of the religion.

5. Cleanliness in Islam: A Comprehensive Guide to Tahara

Type Book

Author Remzi Kuşçular

Author Süleyman Başaran

Place Clifton, NJ

Publisher Tughra Books

ISBN 978-1-59784-917-3

Date 2016

Short Title Cleanliness in Islam

of Pages 236

Tags: Cleanliness; Tahara

Notes:

“Cleanliness in Islam: A Comprehensive Guide to Tahara” is a book that explains the importance of cleanliness, not only to oneself but also to the environment. The author firstly explains how Islam meticulously categorizes and describes the different levels of cleanliness. The objective of this book is to help Muslims to primarily maintain the cleanliness required to properly perform the five obligatory prayers. The book also describes other forms of cleanliness however, such as a ‘clean income’ i.e. an income that does not come from corrupt practices, and as such keeps the body, heart, and soul clean from any impurity brought about by such corrupt practices. In essence, the author’s objective is to make readers aware that the concept of cleanliness in Islam is multi-dimensional and not only restricted to physical cleanliness.

6. Common Mistakes Regarding Prayer

Type Book

Author Mashur Hasan Salman

Author Zakariya Abu Ghazi

Place Riyadh, Saudi Arabia

Publisher International Islamic Publishing House

ISBN 978-603-501-054-2

Date 2010

Language English

Tags: Islamic prayer

Notes:

“Common Mistakes Regarding Prayer” is a book that outlines a list of mistakes that Muslims usually make when they pray. Whether the mistakes are done intentionally or not, this book provides readers with the opportunity to assess and amend their prayers if needed. Each mistake is addressed and corrections are proposed. The book aims to assist Muslims in offering prayers that are error free, with the objective of gaining the greatest number of blessings and rewards from Allah.

7. Evolution of Fiqh: Islamic Law and the Madhhabs

Type Book

Author Abu Ameenah Bilaal Philips
Author Bradley Philips
Place Riyadh
Publisher International Islamic Publishing House
ISBN 978-9960-9813-0-7 978-9960-9533-3-5
Date 2006
Short Title Evolution of Fiqh

Tags: Fiqh; Islamic jurisprudence; Madhabs; School of thoughts

Notes:

“Evolution of Fiqh: Islamic Law and the Madhabs” provides a condensed summary of how Islamic law developed over the years, and outlines the creation of the various schools of jurisprudence (madhabs). The author provides the primary reason for the existence of the madhabs, and the reasons why the differences occur. The book also provides an explanation on how to make sense of these differences, and where necessary, offers an explanation on how they can be removed.

8. Fast According to the Quran & Sunnah

Type Book
Author Muhammad Zulfiqar
Place Riyadh
Publisher Darussalam
ISBN 978-603-500-161-8
Date 2011
of Pages 251

Tags: Charity; Fasting; Night prayer; Ramadan

Notes:

“Fast According to the Quran & Sunnah” provides a detailed explanation to the third pillar of Islam, which is fasting, also known as “Saum”. The book details how important “Saum” is for Muslims, and provides a guideline on how to properly carry out this blessed act. The author supplies readers with three distinct actions that Muslims should undertake or avoid in order to make their “Saum” valid; the obligatory duties, as well as the permissible and forbidden

acts. With this book, those who are new to fasting can offer this type of worship properly without imposing unnecessary burdens upon themselves.

9. Five Pillars of Islam

Type Book
 Author Recep Dogan
 Author Islamic Sciences & Research Academy (Australia)
 Place San Clemente, CA
 Publisher FB Publishing
 ISBN 978-0-9857512-9-6 978-0-9903876-0-2
 Date 2013
 # of Pages 434

Tags: Five pillars of Islam

Notes:

“Five Pillars of Islam” is a book that focuses on explaining the fundamental beliefs of the religion based on the Qur’an and the Sunnah. As a correct understanding of the Islamic belief is required for all Muslims to know before they can make sense of worship, and all it demands, this book provides detailed explanations about each of the five pillars of faith, and the concepts applicable to them.

10. Getting the Best Out of Al-Hajj (Pilgrimage)

Type Book
 Author Abu Muneer Ismail Davids
 Author Abdul Malik Mujahid
 Place Riyadh
 Publisher Darussalam
 ISBN 978-9960-9803-0-0
 Date 2006
 Language In English with some Arabic.

of Pages 439

Tags: Hajj; Islamic prayer; Pilgrimage

Notes:

“Getting the Best out of Al-Hajj (Pilgrimage)” is an excellent guide for those who would like to perform the 5th pillar of Islam. The author covers information that is important prior to and during the pilgrimage, as preparation is important to help pilgrims focus and reduce doubts that might affect the performance of their pilgrimage. The book also describes the compulsory rites that must be performed and discusses the Fiqh (the theory or philosophy of Islamic law) related to the journey, including how one should behave based on verses of the Qur’an, as well as lessons from the Sunnah.

11. God Arises

Type Book

Author Wahiduddin Khan

Place Riyadh

Publisher International Islamic Pub House

ISBN 978-9960-50-112-3

Date 2008

Language English

of Pages 312

Tags: Comparison; Islamic teachings

Notes:

“God Arises” is a book that make use of extensive research to compare fundamental Islamic teachings against contemporary secular knowledge. The evaluations of both teachings and knowledge are undertaken using approaches consistent with current science. The author concludes that Islamic teachings are as scholastically valid as contemporary secular knowledge. The book further describes Islamic teachings as comprehensive that carry as much carry logical merit as other secular theories and philosophies. The book’s objective is to prove that Islam possesses a very organised yet practical body of knowledge, which is not just something that is randomly made up.

12. Guide of the Believer: Purification and Prayer in Islam

Type Book
Author Mustafa Umar
Place Canada
Publisher CreateSpace
ISBN 978-1-4801-1910-9
Date 2012
of Pages 124

Tags: Prayer; Purification

Notes:

“Guide of the Believer: Purification and Prayer in Islam” is a guide book that deals with questions pertaining to the things that can potentially invalidate prayers. As such, purification and prayer go hand in hand as one action, which will ultimately result in an accepted worship. The book lists several practices undertaken (especially by urban Muslims) that are questionable and may affect their prayers. This book is recommended by the author to be read on its own, or in a group led by a scholar in matters concerning purification and prayers.

13. How to Pray: A Step-by-step Guide to Prayer in Islam

Type Book
Author Mustafa Umar
Place Canada
Publisher CreateSpace
ISBN 978-1-4635-7890-9
Date 2011
Short Title How to pray
of Pages 56

Tags: How to pray

Notes:

“How to Pray: A Step-by-step Guide to Prayer in Islam” is a guide book that fulfills the need for an easy-to-understand instruction guide relating to the performance of Salah, or prayer.

Whilst the book is brief, it also covers all obligatory requirements without leaving anything out. To make it easy for new Muslims, and for those who are still hesitant about the perfection of their prayers, the prayer instructions are accompanied by pictures to maximise understanding. The special feature of this book is the explanation of each ritual, and the meaning behind what is recited during prayer.

14. Islamic Will and Testament

Type	Book
Author	Muhammad Mustafa Jibaly
Place	Beirut
Publisher	Al-Kitaab & As-Sunnah
ISBN	978-1-891229-77-0
Date	2012
Language	English
# of Pages	11

Tags: Money matters; Will

Notes:

“Islamic Will and Testament” is a book that discusses how to a Muslim should properly document their last will and testament according to Islamic Law. The author covers the steps and actions required by a Muslim to ensure that their last wishes are executed from the moment they leave this world. Compliance with Islamic law (as mentioned above), in addition to the do’s and don’ts of constructing a last will and testament are discussed in depth, so as to give readers a comprehensive overview of the whole process.

15. Maqasid Al-Shariah as Philosophy of Islamic Law: A Systems Approach

Type	Book
Author	Jasser Auda
Place	London
Publisher	The International Inst. of Islamic Thought
ISBN	978-1-56564-424-3 978-1-56564-425-0
Date	2008

Short Title Maqasid al-Shariah as philosophy of Islamic law

of Pages 347

Tags: Islamic law; Uṣūl al-fiqh

Notes:

“Maqasid Al-Shariah as Philosophy of Islamic Law: A Systems Approach” is a book analyses the much-misinterpreted Al-Shariah (Islamic law). The author divides and explains Al-Shariah based on its objectives, targets, and higher aims (i.e. the common good). The judicial theory and ideological underpinnings of Islamic law are broken-down, explained and criticized to give readers a solid overview of Al-Shariah. This book is thorough enough without being too complicated, and as such is good for people who wish to understand the fundamentals of Islamic law.

16. Muharramat: Forbidden Matters Some People Take Lightly

Type Book

Author Muhammad Salih Al-Munajjid

Place Riyadh

Publisher International Islamic Publishing House

ISBN 978-9960-672-18-2

Date 2004

Short Title Muḥarramāt

of Pages 128

Tags: Islamic prayer

Notes:

“Muharramat: Forbidden Matters Some People Take Lightly” is not simply a book about forbidding Muslims from undertaking acts that Allah forbids. Instead, the book also provides a reminder of how Tawheed (the Islamic principle of monotheistic belief) should be used as a reason to avoid all the Muharramat (forbidden acts). This book provides a list of Muharramat that must be avoided so as to keep one’s faith intact. As such, this book acts a guide (in addition to the Qur’an and Sunnah) for Muslims so that their efforts of worship do not end up in vain.

17. Reclaiming Jihad: A Qur'anic Critique of Terrorism

Type Book

Author EISayed M. A Amin

Place Leicestershire

Publisher Kube Publishing Ltd

ISBN 978-0-86037-598-2

Date 2014

Short Title Reclaiming Jihad

of Pages 288

Tags: Jihad; Misinterpretation; Terrorism

Notes:

“Reclaiming Jihad: A Qur'anic Critique of Terrorism” is a book that aims to dispel public perceptions regarding a link between Islam and violence. The author highlights how this misconception is linked to irresponsible misinterpretations of Qur'anic verses and hadith. The 9/11 attacks in the United States, and similar incidents, are primarily used by the author to explain the impacts of such attacks from political, social, and psychological perspectives, all of which are against the authentic teachings of orthodox Islam. This book also explains the authentic meaning of the oft-misinterpreted concept of ‘Jihad’ – the translation of which means “to struggle”, as opposed to waging ‘holy war’. The book explains how ‘Jihad’ has become a word that even Muslims to avoid, and how this avoidance is wrong. “Reclaiming Jihad” is a book that brings readers to a clear and informed understanding of Jihad, and its role in Islam.

18. Religion on the Rise: Islam in the Third Millennium

Type Book

Author Murad Wilfried Hofmann

Place Beltsville, MD

Publisher Amana Publications

ISBN 978-1-59008-003-0

Date 2001

Call Number BP163 .H64313 2001

Short Title Religion on the Rise

of Pages 248

Tags: 20th century; Islam; Religious awakening

Notes:

“Religion on The Rise: Islam in the Third Millennium” is a book that talks about the condition of the world today, and asks whether Islam, and Christianity are prepared for the challenges ahead. The author presents interesting analyses between the Christianity influenced ‘West’, and the Islam-influenced ‘Orient’. Even though the author initially rates both sides as having equal influence in future events, he later hints at favouring the Muslim world as the one that will thrive in the future, given ‘Western civilisation’ faces a continuous battle of moral disintegration.

19. Salah (Prayer) & Its Essential Conditions

Type Book

Author Yahya M. A. Ondigo

Place Riyadh

Publisher International Islamic Publishing House

ISBN 978-603-501-204-1 978-603-501-206-5

Date 2014

of Pages 304

Tags: How to pray; Prayers; Salah

Notes:

“Salah (Prayer) & Its Essential Conditions” is an excellent guide for Muslims who wish to study one of the five pillars of Islam – Salah (prayer). The book explains the important requirements of Salah that need to be followed if one wants to receive the blessings from his prayer. The author also describes the types of prayers that are mandatory and voluntary, and the rewards associated with each of them respectively. The book is a treasure trove of essential knowledge about Salah and is presented in a very simple, yet effective way.

20. Tafseer Ibn Katheer Part 30 Juz Amma

Type Book

Author Ismail ibn Umar Ibn Kathir

Author Sameh Strauch

Place Riyadh

Publisher International Islamic Publishing House

ISBN 978-9960-50-105-5

Date 2008

of Pages 320

Tags: Methodology; Qur'an interpretations

Notes:

“Tafseer Ibn Katheer Part 30 Juz Amma” is respected as being one of the most complete works that provides accurate descriptions and important annotations of the Noble Qur'an. Although the Qur'an has been interpreted by the Noble book itself, and/or by the Sunnah of Prophet Muhammad ﷺ this book provides depth and clarity to the already content rich nature of the Qur'an. This book is vital for readers who genuinely want to seek an authentic and complete explanation of the Qur'an.

21. The Concise Presentation of the Fiqh of the Sunnah and the Noble Book

Type Book

Author Abdul Azeem Badawi

Author Jamaal-al-Din M. Zarabozo

Place Riyadh

Publisher International Islamic Publ. House

ISBN 978-9960-9827-8-6 978-9960-9827-9-3

Date 2007

Short Title The Concise Presentation of the Fiqh of the Sunnah and the Noble Book

of Pages 702

Tags: Fiqh; Islam; Islamic law

Notes:

“The Concise Presentation of the Fiqh of the Sunnah and the Noble Book” is an important collection of theoretical and philosophical approaches to Islamic jurisprudence (Fiqh). The carefully authored book informs readers on how Islamic jurisprudence, implemented correctly, is a fair and just legal system. Verses from the Qur'an and the Sunnah are used

exclusively to guide the discussion. The book serves as a solid introduction to Fiqh, as well as a source of authentic Hadeeth relating to Fiqh.

22. The Fiqh of Worship: A Commentary on Ibn Qudamah's Umdat Al-fiqh

Type	Book
Author	Muwaffaq al-Dīn Abd Allah ibn Aḥmad Ibn Qudamah
Author	Hatem al-Haj
Place	Riyadh
Publisher	International Islamic Publishing House
ISBN	978-603-501-112-9
Date	2011
Call Number	KBP310.I285 A38213 2011
Short Title	Fiqh of Worship
# of Pages	429

Tags: Customs and practices; Hanbalites; 'Umdah; Ibn Qudāmah, Muwaffaq al-Dīn 'Abd Allāh ibn Aḥmad; Islam; Islamic law; Purity, Ritual

Notes:

“The Fiqh of Worship: A Commentary on Ibn Qudamah's 'Umdat Al-fiqh” is a book that explains Ibn Qudāmah’s categorization and descriptions of Fiqh (Islamic jurisprudence). Although Ibn Qudāmah’s research on Fiqh was based on the Hanbali School of jurisprudence, opinions from the three other main schools are considered for the sake of comparison. The decision to present alternative jurisprudential perspectives also provides students of Fiqh with a comprehensive approach, and helps to emphasise that other opinions from a variety of schools are not wrong, but simply different based on alternative reasoning, thus promoting tolerance. Graphical aids and distinctive symbol schemes are widely used throughout the book to make the task of learning Fiqh more user-friendly.

23. The Fundamentals of Tawheed (Islamic Monotheism)

Type	Book
Author	Abu Ameenah Bilaal Philips
Place	Riyadh

Publisher International Islamic Publ. House
 ISBN 978-9960-9648-0-5 978-9960-850-99-3
 Date 2006
 Short Title The fundamentals of tawḥeed
 # of Pages 248

Tags: God (Islam); God Simplicity; Islam; Monotheism; Monotheismus

Notes:

“The Fundamentals of Tawheed (Islamic Monotheism)” is a book that explains the central belief of Islam which is, there is absolutely no deity worthy of worship except Allah. Without this belief, a person is not a Muslim, and all his actions and worship will be considered as unaccepted by Allah. The book also provides readers with authentic information that should assist them in their authentic understanding of Tawheed. In addition, it also lists practices that go against the core belief in the absolute oneness of Allah.

24. The Necessity of the Hadith in Islam

Type Book
 Author Emad Hamdeh
 Place Riyadh, Saudi Arabia
 Publisher International Islamic Publishing House
 ISBN 978-603-501-114-3
 Date 2011
 Call Number BP136 .H334 2011
 # of Pages 232

Tags: Criticism; Interpretation; Hadith

Notes:

“The Necessity of the Hadith in Islam” is a book that stresses the requirement for Muslims to revolve their daily lives around the Hadith and the Sunnah of the Prophet Muhammad ﷺ . The book presents authentic and substantial arguments that necessitate Muslims to apply their belief in a practical manner using the Hadith and Qur’an as their guidelines. The book also goes further by discussing several rejecters of Hadith, and outlines why they reject them. “The Necessity of the Hadith in Islam” is a very good source from

which to learn about Hadith, and is one of the most comprehensive, fully researched and referenced book about one of the most fundamental sources of Islamic knowledge.

25. The Prophet's Methods of Correcting People's Mistakes

Type	Book
Author	Muḥammad Ṣaliḥ Munajjid
Place	Riyadh
Publisher	International Islamic Pub. House
ISBN	978-9960-50-107-9
Date	2004
Call Number	BP166.5 .M8613 2004
Short Title	The Prophet's Methods of Correcting People's Mistakes
# of Pages	148

Tags: Conduct of life; Hadith; Muḥammad; Muslims; Study and teaching; Teachings

Notes:

“The Prophet's Methods of Correcting People's Mistakes” is a book that presents the proper way of correcting people's slip-up's, based on the methods applied by the Messenger, Prophet Muhammad ﷺ. The author reminds people of the importance of properly correcting others, and goes on to describe how this action can be considered as divine, given several verses in the Qur'an were revealed to correct mistakes made by the companions of the Prophet. This book also summarises how the act of correcting others is also seen as a method of teaching them.

26. The Reasons for Revelation (of the Qur'an)

Type	Book
Author	Abu al-Ḥasan Ali ibn Aḥmad Waḥidi
Author	Sameh Strauch
Place	Riyadh, Saudi Arabia
Publisher	International Islamic Publishing House
ISBN	978-603-501-036-8

Date 2009

of Pages 158

Tags: Islamic anthropology

Notes:

“The Reasons for the Revelation (of the Qur’an)” highlights the objective beyond regular recitations of the Qur’an. Although reciting the Qur’an is another form of a greatly rewarded worship, this book explains how this form of worship can become even more meaningful when the context of these verses are fully understood. The book goes further by explaining how understanding the Qur’an forms the apex of understanding what Allah has laid out as direction for mankind. This direction guides every facet of what we do on a daily basis and the consequences that arise from this.

27. The Rights of God: Islam, Human Rights, and Comparative Ethics (Advancing Human Rights)

Type Book

Author Irene Oh

Place Washington, D.C

Publisher Georgetown University Press

ISBN 978-1-58901-185-4 978-1-58901-184-7

Date 2007

Call Number BP173.63 .O3 2007

Short Title The rights of God

of Pages 158

Tags: Human rights; Islam and civil society; Islam and humanism; Religious aspects Islam

Notes:

“The Rights of God: Islam, Human Rights, and Comparative Ethics (Advancing Human Rights)” is a book that highlights how Islamic teachings comply with, and apply to, matters that endorse human rights. The author’s research leads her to a position that undermines the role religion plays in human rights violations, and goes on to describe how non-Islamic cultural norms are the actual culprit instead. This book is recommended for those who think Islam

does not make room for human rights (i.e. women's rights etc.). In addition, this book provides an authentic insight into Islam, the Qur'an, and its true meanings.

28. The Science of Hadith Terminology and Classification

Type	Book
Author	Muhammad Saeed Mitwally Rahawan
Place	Riyadh
Publisher	International Islamic Publishing House
ISBN	978-603-501-197-6
Date	2012
Call Number	BP135.A1 R34 2012
# of Pages	300

Tags: Criticism; Interpretation; Hadith; Interpretation and construction; Islamic law Notes:

“Hadith Terminology and Classification: A Handbook” introduces readers to the proper methods of learning the Hadith as a discipline. The author makes readers aware of the importance of understanding the methods related to the arrangement and explanations of Hadith. This book also explains the scrutiny applied by Hadith scholars when authenticating the sayings and actions of the Messenger صلی اللہ علیہ وسلم. Furthermore, the book also described the scrutiny used to identify and classifying weak Hadith, and how this acted as means to eradicate negative consequences that may have come from their existence and subsequent application. In short, this book is excellent for those who want to comprehend the laws that define the authenticity of the treasured words and acts of Prophet Muhammad صلی اللہ علیہ وسلم

29. The Sunnah and Its Role in Islamic Legislation

Type	Book
Author	Mustafa Sibaa'ie
Place	Riyadh
Publisher	International Islamic Publishing House
ISBN	978-9960-850-28-3

Date 2008

Call Number BP135 .S4813 2008

of Pages 570

Tags: Hadith; Interpretation and construction; Islamic law

Notes:

“The Sunnah and its Role in Islamic Legislation” educates readers about the place of the Sunnah in Islamic jurisprudence. It goes on to describe the importance of the Sunnah as a collection of orally communicated accounts of the lessons, actions and sayings, muted consents (or disapprovals) of Prophet Muhammad, in addition to the numerous accounts from his companions. The book also highlights an era when the collections were strenuously compiled by the scholars of Hadith, and elaborates upon how these scholars contributed to the conservation and collection of the hadith, and more importantly, their carefully vetting of it to determine authentic accounts from fabrications.

30. The True Secret

Type Book

Author Amira Ayad

Place Riyadh

Publisher International Islamic Publishing House

ISBN 978-603-501-107-5

Date 2011

Call Number BP190.5.S36 A92 2011

Short Title The True Secret

of Pages 303

Tags: Conduct of life; Faith and reason; Islam; Muslims; Religious aspects Islam; Self-actualization (Psychology); Self-realization

Notes:

“The True Secret” first summarises the human yearning for contentment, wellbeing, and peace of mind. Like the rest of the humanity, Muslims work hard to achieve these worldly goals, but in addition to this, Muslims strive to achieve them based on their specific set of beliefs. This book provides hands-on advice on how to achieve the abovementioned goals in a way that would also receive the blessings of Allah, and ultimately open the path to paradise. The book offers instances, descriptions and recommendations towards attaining

these goals, all of which are based on true Islamic teachings derived from both the Qur'an and the Sunnah.

31. The Ultimate Guide to Umrah: Based on the Famous Book Getting the best out of Hajj: with Special Chapters on Umrah in Ramadaan and Visiting Madinah

Type Book
 Author Abu Muneer Ismail Davids
 Place Riyadh; New York
 Publisher Darussalam
 ISBN 978-9960-9690-4-6
 Date 2006
 Short Title The ultimate guide to Umrah
 # of Pages 299

Tags: Makkah; Pilgrimage; Umrah

Notes:

“The Ultimate Guide to Umrah: Based on the Famous Book Getting the best out of Hajj: with Special Chapters on Umrah in Ramadaan and Visiting Madinah” is a comprehensive guide book about Umrah, also known as the secondary pilgrimage after Hajj (the obligatory pilgrimage). The book is cleverly divided into sections that pilgrims can quickly refer to, and also allows readers to understand the meaning and significance of each ritual performed. The author emphasizes special sections on the Umrah that is performed during the most blessed month of Ramadaan, as well as visiting Madinah, the Prophet’s city. This is a highly-recommended book for those Muslims who wish to perform Umrah, and be abundantly rewarded for completing it the proper manner.

32. Understanding Ramadan: Fasting, Tarawih, I'tikaf, Lailat al-Qadr, Sadaqat al-Fitr and the Two Eid Prayers

Type Book
 Author Muhammad Muhsin Khan

Author Muḥammad ibn Ismail Bukhari

Place Riyadh [K.S.A.]; Houston

Publisher Darussalam

ISBN 978-9960-717-17-3

Date 1997

Short Title Understanding Ramadan

of Pages 104

Tags: Charity; Fasting; Night prayer; Ramadan

Notes:

“Understanding Ramadan: Fasting, Tarawih, I’tikaf, Lailat al-Qadr, Sadaqat al-Fitr and the Two Eid Prayers” is an excellent book that provides readers with a comprehensive understanding of the activities undertaken throughout the holy month of Ramadan, and is based on a collection of hadeeth in Sahih Al-Bukhari. Saum (fasting), special prayers (at-Tarawih), and the special (but optional) long night prayer are rituals covered in this book, which details how they are carried out in correct manner. Several other rituals are also explained throughout the book, including the benefits of Lailat Al-Qadr (The Night of Power). Sadaqat al-Fitr (obligatory alms) is also given special consideration, especially with regards to its objective, which is to assist the poor and needy (as well as to also celebrate Eid al-Fitr).

33. Understanding the Qur’an: Themes and Style

Type Book

Author M. A. S. Abdel Haleem

Place London; New York; New York, NY

Publisher I.B. Tauris

ISBN 978-1-4416-8136-2

Date 2011

Short Title Understanding the Qur’an

of Pages 256

Notes:

“Understanding the Qur'an: Themes and Style” is an excellent book, given that Islamic beliefs are impossible to be understood unless the Qur’an and its meaning is fully grasped. The

updated introduction by the author scrutinizes the Qur'an's many themes repeated throughout, such as life, death and eternity, marriage and divorce, peace and war, as well as water and nourishment, all of which are viewed within the framework of the Qur'an's linguistic style. The author also outlines the historical revelation and compilation of the Qur'an. The most important highlights of this book are the Islamic perspective on women, marriage, divorce, war, and society from the authentic teachings derived from the Qur'an, and how these are often misinterpreted.

34. Usool al-Ḥadeeth: The Methodology of Hadith Evaluation

Type	Book
Author	Abu Ameenah Bilaal Philips
Place	Riyadh
Publisher	International Islamic Publishing House
ISBN	978-9960-9871-4-9 978-9960-9871-5-6
Date	2007
Short Title	Uṣool al-Ḥadeeth
# of Pages	252

Tags: Methodology; Understanding the Hadeeth

Notes:

“Usool al-Hadeeth” presents readers with explanations on how the Hadeeth plays an important part of the religion. One role of the Hadeeth is to contextualise the Qur'an so as to clarify its meaning, and thus it is vital in correcting misinterpretations of the Qur'an and subsequently, misconceptions about the religion. This book also illustrates how the Hadeeth plays a role in the development and application of Islamic law, as well as the Islamic moral ideal. The book reminds its reader about the importance of the Hadeeth, and how it is second only to the Qur'an, when guiding Muslims in their daily life.

35. Usool at-Tafsīr

Type	Book
Author	Abu Ameenah Bilaal Philips
Place	Riyadh
Publisher	International Islamic Publishing House

ISBN 978-9960-9533-4-2

Date 2005

of Pages 352

Tags: Methodology; Understanding the Qur'an

Notes:

“Usool at-Tafseer” details the definitive and organised approach of supplying a genuinely correct explanation of the Qur'an. This methodology serves to guarantee the authenticity of the Qur'an's correct interpretation, rather than relying upon assumptions based on direct word-to-word translations. This book goes further to outline the means of divine revelation, as well as the historical collection and subsequently compilation of the Qur'anic text.

36. Who is Allah?: His Names and Attributes and Their Significance to the

Individual

Type Book

Author Sakina Hirschfelder

Place Riyadh

Publisher International Islamic Publishing House

ISBN 978-603-501-076-4

Date 2010

Call Number BP166.2 .H57 2010

Short Title Who is Allah?

of Pages 377

Tags: Attributes; God (Islam); Name

Notes:

“Who is Allah?” presents beyond simply the 99 names of Allah and their traits. The book aims to create a connection between knowledge and understanding of the names and attributes of Allah and how this can then be applied to our day-to-day life. This book explains to readers how researching and attaining knowledge of Allah is of utmost importance. Furthermore, it explains how such an awareness subsequently creates an instructive path a person may follow if they wish to achieve a warm and gratifying connection with Allah.

37. Zakat Calculation: A Useful Guide

Type Book
Author Mushfiqur Rahman
Author Nasir Cadir
Place Leicestershire
Publisher The Islamic Foundation
ISBN 978-0-86037-567-8
Date 2012
Short Title Zakāt calculation
of Pages 128

Tags: Calculation; Zakat

Notes:

“Zakat Calculation: A Useful Guide” is a highly-recommended book for readers who want to understand the fundamentals of Zakat (charity) in Islam. The book acts as an excellent reference on the idea, aims, nature and philosophy of Zakat. The notable source of this book is a publication called Fiqh-uz-Zakat, written by the well-respected Islamic scholar Sheikh Yusuf al-Qaradawi. This book is recommended equally for those who are just beginning to learn about Zakat, as well as practitioners of Zakat who wish to use it as a reference.

Section 2: Books on Islamic history and biography

There are 26 titles in this section that holds books about the history of the religion, and books about the life of prominent figures. These figures include the Messenger ﷺ himself, his immediate family and companions, and also important scholars and inventors.

38. 1001 Inventions: The Enduring Legacy of Muslim Civilization

Type	Book
Author	Salim T. S. Al-Hassani
Place	Washington, D.C
Publisher	National Geographic
ISBN	978-1-4262-0934-5
Date	2012
Call Number	BP190.5.S3 A15 2012
Short Title	1001 Inventions
# of Pages	352

Tags: History; Inventions; Islam and science; Islamic civilization; Muslim scientists; Technological innovations; Technology and civilization

Notes:

“1001 Inventions: The Enduring Legacy of Muslim Civilization” is a book that firstly reminds readers of how the Islamic civilization took over from Europe during the continent’s dark ages, and brought light in the form of knowledge and scientific innovation. The book then reminds its readers how such knowledge and innovation has moulded many of the things that we still see and use today. Overall, this book is a good source of information and serves as a reminder to the Muslim reader about the continued footprint of Muslim civilization, and inspires them to continue such pursuits to leave their own legacy for future generations.

39. Aisha Bint Abu Bakr

Type	Book
Author	Ömer Yılmaz

Place New Jersey
 Publisher Tughra Books
 ISBN 978-1-59784-376-8
 Date 2015

Call Number BP80.A52 Y5513 2015

of Pages 57

Tags: Family; Aishah; Muḥammad

Notes:

“Aisha Bint Abu Bakr” is a book about the wife of Prophet Muhammad ﷺ who is also the daughter of his best friend, Abu Bakr. The Mother of the Believers, as she is called, is described in the book as a person who Muslims should look up to. The author also explains how Aisha recalled aspects of the lives of the first Muslims and especially, the Messenger ﷺ himself. Most importantly, the book also describes Aisha’s effort to make sure that the Messenger’s ﷺ teachings of Islam were passed on correctly for the benefit of future generations.

40. Al-Hasan ibn ‘Ali ibn Abi Talib: His Life and Times

Type Book
 Author Ali Muḥammad Sallabi
 Author Huda Khattab
 Place Riyadh
 Publisher International Islamic Publishing House
 ISBN 978-603-501-213-3
 Date 2014

Call Number BP193.12.A3 S3413 2014

Short Title Al-Hasan ibn ‘Ali ibn Abi Tâlib

of Pages 425

Tags: Ḥasan ibn Ali; History; Imams (Shiites); Islamic Empire

Notes:

“Al-Hasan ibn ‘Ali ibn Abi Talib: His Life and Times” is a biography about the grandson of Prophet Muhammad ﷺ who later in his life became as much an example for all Muslims as his noble grandfather. The author details how Al-Hasan ibn ‘Ali grew up with the close and loving supervision from his already honourable parents, Fâtimah az-Zahrâ' and 'Ali ibn Abi Tâlib (may Allah be pleased with them both). The book highlights how Al-Hasan grew up to become a leader who understood the noble practice of sacrificing one’s own comfort to both help society and concurrently seek the blessings from Allah as a result. The author focused on Al-Hasan’s young age when he acquired this noble trait, which is a model for today’s youth (and even adults) to follow.

41. Ali ibn Abi Talib

Type Book

Author Ali Muḥammad Sallabi

Place Riyadh

Publisher International Islamic Publishing House

ISBN 978-603-501-082-5

Date 2010

Call Number BP193.1.A3 S25513 2010

of Pages 1470

Tags: 622-661; Ali ibn Abi Talib; Caliphs; History; Imams (Shiites); Islamic Empire; Shī'ah

Notes:

“Ali Ibn Abi Talib” is a book that transcends just the usual biography of one of the ‘Rightly Guided’ Caliphs. The author explains how ‘Ali Ibn Abi Talib’s tenure as the fourth Caliph of Islam became a very significant point in Islamic history. Reports based on those supplied by the Companions of the Prophet, as well as members of his family, are used to present a clear picture of what transpired during ‘Ali Ibn Abi Talib’s rule. This book is an excellent read for those who wish to learn about and understand the build-up to the events that divide Muslims to this day.

42. A Mercy to Humanity

Type Book

Author Aid ibn Abdullah Al-Qarni

Author Faisal Shafiq
 Place Riyadh
 Publisher International Islamic Publishing House
 ISBN 978-603-501-193-8
 Date 2013
 Call Number BP75 .Q87 2013
 Short Title A Mercy to Humanity
 # of Pages 628

Tags: Muhammad; Prophetic office

Notes:

“A Mercy to Humanity” consists of in-depth research relating to the life of Prophet Muhammad’s ﷺ. The book describes the Messenger’s ﷺ characters in a very detailed manner, adding the author’s own summation of events that occurred during the life of the Prophet. The richness and clarity of the author’s commentaries makes the book unique, as it tries to intimately engage readers, wanting them to reflect directly on lessons that can be gained from the study of the Prophet’s noble character.

43. An Inspired Life: A Biography of Prophet Muhammad

Type Book
 Author Abbas Tawfiq
 Place Riyadh
 Publisher International Islamic Publishing House
 ISBN 978-603-501-079-5
 Date 2010
 Call Number BP75 .A2115 2010
 Short Title An Inspired Life
 # of Pages 307

Tags: Muhammad

Notes:

“An Inspired Life (The Prophet Muhammad (PBUH))” is unlike most of the general biographies about the Messenger ﷺ. Firstly, this book considers his life and how his behaviour confirms the position he holds as Allah’s prophet. The book also highlights Prophet Muhammad’s ﷺ other personal characteristics that Muslims are supposed to use if they want to become a model human being, not just a Muslim. The book concludes that by following the esteemed characteristics of the Prophet, a person benefits by becoming a revered individual himself. Subsequently, others might discover the origin of those traits, which will perhaps arouse their curiosity to know more about Islam.

44. Civilization of Faith: A Journey Through Islamic History

Type	Book
Author	Mustafa Sibaa'ie
Place	Riyadh
Publisher	International Islamic Publishing House
ISBN	978-9960-850-20-7
Date	2005
Call Number	D199.3 .S5513 2005
Short Title	Civilization of Faith
# of Pages	266

Tags: History; Islam; Islamic civilization

Notes:

“Civilization of Faith: A Journey through Islamic History” is a book that reminds Muslims of their outstanding past that spanned many centuries when the Islamic empire was more successful than the Western civilisation. The book also points out how previous success was mostly because of Muslims’ strict adherent to their faith rather than a preoccupation with the material world. The book posits that when Muslims became busier with the material world, their civilisation coincidentally deteriorated, until it reached its present-day status. The author concluded that to regain past glories, Muslims must go back to what made them successful in the first place, which is placing faith above and before the material world.

45. Fatima bint Muhammad

Type Book

Author Ömer Yılmaz

Place New Jersey

Publisher Tughra Books

ISBN 978-1-59784-377-5

Date 2015

Call Number BP80.F36 Y5513 2015

of Pages 66

Tags: Family; Faṭimah; Muḥammad

Notes:

“Fatima bint Muhammad” is a book about the blessed life of the youngest daughter of the Messenger, Prophet Muhammad ﷺ. The book describes how Fatima not only physically resembled the Messenger ﷺ but also describes how her mannerisms also mirrored his. The author also describes how Fatima’s closeness with her father resulted in her learning a lot about Islam directly from the Messenger ﷺ thus making her one of the most important sources of the religion after her father’s passing. The author also mentions how Fatima, an important woman in Islam, is assured a residence in Paradise together with the Messenger’s ﷺ wives Khadija and Aisha, and Mary the mother of Prophet Isa (Jesus).

46. Gems & Jewels: Wise Sayings, Interesting Events and Moral Lessons from Islamic History

Type Book

Author Abdul Malik Mujahid

Place London

Publisher Darussalam

ISBN 978-9960-897-59-2

Date 2003

Short Title Gems & jewels

of Pages 327

Tags: Good manners; Moral lessons

Notes:

“Gems & Jewels: Wise Sayings, Interesting Events and Moral Lessons from Islamic History” is a collection of readings and passages authored by revered Islamic scholars, and provides examples of good moral lessons that should be followed by adherents to the Islamic faith. Great Islamic personalities from the past and their stories are used as examples in this book, which can benefit readers from the young to the elderly, given the lessons presented transcend age and generation.

47. Golden Morals: A Collection of Stories from the Seerah

Type	Book
Author	Abdul Malik Mujahid
Author	Abu Taymiyyah Shafiq Siddiq
Author	Safina Naser
Place	Riyadh
Publisher	Darussalam
ISBN	978-603-500-344-5
Date	2014
Call Number	BP75 .M825 2014
Short Title	Golden Morals
# of Pages	312

Tags: Ethics; Muḥammad

Notes:

“Golden Morals: A Collection of Stories from the Seerah” is a book that continues in the tradition of highlighting the high moral standard of the Prophet Muhammad ﷺ. The book describes how the Prophet displayed his highly-esteemed character when dealing with both friends, as well as foes. As Muslims are encouraged to follow the good characters shown by the Messenger of Allah ﷺ, this book explains his character and mannerisms so that Muslims can attempt to emulate him, in the hope of benefitting both themselves and the society at large.

48. Ibn Sina: A Concise Life

Type Book
Author Edoardo Albert
Place Markfield
Publisher Kube Publ
ISBN 978-1-84774-045-8
Date 2013
Short Title Ibn Sina
of Pages 104

Tags: Ibn Sina

Notes:

“Ibn Sina: A Concise Life” is a book that highlights the life of one of Islam’s most important character, Ibn Sina, also known as Avicenna. The book discusses his love of knowledge, and recounts his important and everlasting contributions to the fields of medicine, mathematics and philosophy. As one of the many geniuses that lived during Islam’s ‘golden age’, the book describes how Ibn Sina’s scholarly pursuits landed him in important positions under several royals, who equally agreed and disagreed with his works. Furthermore, the book reminds readers of how Ibn Sina’s writings and methods are still widely used today.

49. Lost Islamic History: Reclaiming Muslim Civilisation from the Past

Type Book
Author Firas Alkhateeb
Place London
Publisher Hurst
ISBN 978-1-84904-397-7
Date 2014
Call Number DS36.8 .A396 2014
Short Title Lost Islamic history
of Pages 217

Tags: Civilization; Islamic civilization; Islamic countries

Notes:

“Lost Islamic History: Reclaiming Muslim Civilisation from the Past” discussed the history of Islam from its inception, and includes how the religion proliferated in countries around the globe, from the days of the Prophet Muhammad ﷺ until now. The book also makes mention of numerous Islamic leaders, statesmen, military officers, and prominent characters who have all but been forgotten in the passage of time. Past Islamic empires such as the Umayyad, Abbasids and the Ottomans are also discussed. This book is best read by those who wish to know more about the history of Islam that has been overlooked by Muslims and non-Muslims.

50. Muhammad: Prophet for Our Time

Type	Book
Author	Karen Armstrong
Place	London, UK
Publisher	Harper Perennial
ISBN	978-0-00-725606-8978-0-00-723248-2
Date	2007
Short Title	Muhammad
# of Pages	240

Tags: Muhammad

Notes:

“Muhammad: Prophet for Our Time” is a best-selling book written by Karen Armstrong, an author who has established herself as one the most significant observers of religious matters. The author gives a detailed account of the Prophet’s life while adding philosophical meaning to the actions he took. Armstrong reminds readers how the Messenger’s ﷺ successes both changed what was then normal, whilst continuing to inspire people to this very day. The book’s objective is not only to raise important accounts of the Prophet and his life, but also as a reminder as how those accounts have dictated the course of history and humanity’s perspective on religious matters.

51. No god but God: The Origins, Evolution, and Future of Islam

Type Book
Author Reza Aslan
Place New York
Publisher Random House
ISBN 978-0-8129-8244-2 978-0-679-64377-7
Date 2011
Call Number BP161.3 .A7913 2011
Short Title No god but God
of Pages 338

Tags: Essence, genius, nature; History; Islam

Notes:

“No god but God: The Origins, Evolution, and Future of Islam” is an updated version of Reza Aslan best-seller that describes how Islam started, and how the religion has evolved together with its beauty and intricacy. The author’s updated version considers the important events that have happened in the past ten years and how Islam has adapted in the face of these current events. The author also details how Islam has spread indirectly with the aid of social media, and how Muslim women have rediscovered their voice. He goes on to provide insight into how Muslims in North America and Europe have played a part in the evolution of the religion.

52. Salah Ad-Deen Al-Ayubi

Type Book
Author Ali Muḥammad Sallabi
Author Nasiruddin Khattab
Place Riyadh
Publisher International Islamic Publishing House
ISBN 978-603-501-057-3
Date 2010

Call Number DS38.4.S2 S24513 2010

Short Title Ṣalâḥ ad-Deen al-Ayubi

of Pages 300

Tags: 750-1258; 750-1260; Crusades; Hattin, Battle of, Israel, 1187; History; Islamic Empire; Saladin; Syria

Notes:

“Salah Ad-Deen Al-Ayubi” is a biography of one of Islam’s most important figures to have lived after the death of Prophet Muhammad ﷺ, Salah Ad-Deen Al-Ayubi is perhaps most famous because of his successful involvement in the Crusades, but the book reveals more than just his contributions during these conflicts. The book also introduces several other figures that played a role in Salah Ad-Deen’s life, from his birth to his death. The characteristics and ethics of the man are also explained as they played an important role in his military and political successes. This book is best read by those who wish to know about Salah Ad-Deen, the military genius, accomplished statesman and humanitarian.

53. Shaikh-ul-Islam Ibn Taimiyah: Life and Achievements

Type Book

Author Sayed Abul Hasan Ali Nadwi

Contributor UK Islamic Academy

Place Leicester

Publisher UK Islamic Academy

ISBN 978-1-872531-72-4 978-1-872531-73-1

Date 2005

Library Catalog Gemeinsamer Bibliotheksverbund ISBN

Language eng

Short Title Shaikh-ul-Islam Ibn Taimiyah

of Pages 167

Tags: Ibn-Taimīya, Aḥmad Ibn-‘Abd-al-Ḥalīm; Ibn Taymīyah, Aḥmad ibn ‘Abd al-Ḥalīm, 1263-1328; Scholars, Muslim Biography

Notes:

“Shaikh-ul-Islam Ibn Taimiyah: Life and Achievements” is a book about the life of one of Islam’s most revered scholars, who lived during the Umayyad Caliphate. The author focuses on Ibn Taimiyah’s important contributions towards maintaining and preserving the authenticity of Islamic teachings. The author also mentions how Ibn Taimiyah’s eidetic memory made it easy for him to grasp many subjects covering not only Islam, but also other Abrahamic religions. This mental proficiency assisted Ibn Taimiyah in his mastery of the complex subject of comparative religion, and as such allowed him to assist in the spread of Islam.

54. Stories of the Prophets

Type	Book
Author	Ismail ibn Umar Ibn Kathir
Author	Husain Maqbool
Place	Riyadh
Publisher	International Islamic Publishing House
ISBN	978-9960-850-85-6
Date	2006
# of Pages	469

Tags: Prophetic stories; Stories of prophets

Notes:

“Stories of the Prophets” is a book that delves into the major events that occurred during the time of Allah’s main Messengers, from the first Messenger – Prophet Adam صلى الله عليه وسلم, to the Prophet Muhammad صلى الله عليه وسلم. The stories were compiled from the Qur’an with the rest narrated by Prophet Muhammad صلى الله عليه وسلم and authentically reported by his companions and scholars. This book provides readers with lesson from each of the Prophet’s lives, so that people might be continuously be reminded of them.

55. The Biography of Abu Bakr As Siddeeq

Type	Book
Author	Ali Muḥammad Sallabi
Place	Riyadh

Publisher Darussalam

ISBN 978-9960-9849-1-9

Date 2007

Call Number DS38.4.A28 S25 2007

Short Title The Biography of Abu Bakr As-Siddeeq

of Pages 784

Tags: 622-661; Abū Bakr; Caliphs; History; Islamic Empire

Notes:

“Abu Bakr as-Siddeeq: His Life and Times” is a detailed biography of the first ‘Rightly Guided’ Caliph, who came to power directly after the death of Prophet Muhammad صلى الله عليه وسلم. In addition to the close relationship he had with the Messenger صلى الله عليه وسلم, the book also focuses upon the immediate trials that he encountered from the moment he was chosen as the first Caliph. The author’s portrayal of Abu Bakr, mainly regarding his handling of such challenges, invites the reader to study the approach to governing and life that Abu Bakr embraced, as it holds several important lessons for Muslims today.

56. The Biography of Imam at-Tirmidhi

Type Book

Author Salaahud-Deen ibn Alee Ibn Abdul-Maujood

Author Abu Bakr Ibn Nasir

Place Riyadh ; New York

Publisher Darussalam

ISBN 978-9960-9836-9-1

Date 2007

Call Number BP80.T56 I2513 2007

Short Title The biography of Imām at-Tirmidhī

of Pages 372

Tags: Hadith scholars; Muslim scholars; Tirmidhī, Muḥammad ibn ‘Īsá

Notes:

“The Biography of Imam at-Tirmidhi” is a good source of reference on the life and contributions of one of Islam’s most revered scholars of Hadith (collections of traditions containing sayings of the Prophet Muhammad ﷺ). The author reminds readers about how Imam Tirmidhi was very fortunate to have learnt under other master scholars such as Imam Bukhari, Imam Muslim and Imam Malik – the latter of which also employed him as a member of staff. The book also mentions some of Imam Tirmidhi’s many contributions to his chosen field, and makes a special mentioned of his most revered book, Al-Jami’ At-Tirmidhi.

57. The Biography of Imam Bukhaaree

Type Book

Author Şalaahud-Deen Ibn-Alee Ibn-Abdul-Maujood

Place Riyadh

Publisher Darussalam

ISBN 978-9960-9690-5-3

Date 2005

of Pages 184

Tags: Imam Bukharee; Scholars, Muslim Biography

Notes:

“The Biography of Imam Bukhaaree” is a book that creates an awareness of the contributions of one of Islam’s greatest scholars of Hadith. The book goes beyond his scholarly life however, and mentions his other qualities, such as his demeanor towards others, his religiosity, and his devotion towards Islam. The author reminds the reader about the importance of displaying good manners to benefit themselves, as well as others, with the hope of explaining the authentic teachings of Islam in this matter. This book reminds Muslims on the importance of reading about the life of Imam Bukhaaree in the hope that they emulate the mannerisms of this eminent scholar, and not simply gain knowledge of his written contributions.

58. The Genius of Islam: How Muslims Made the Modern World

Type Book

Author Bryn Barnard

Place New York

Publisher Alfred A. Knopf

ISBN 978-0-375-84072-2 978-0-375-94072-9

Date 2011

Call Number BP163 .B2684 2011

Short Title The genius of Islam

of Pages 37

Tags: Essence, genius, nature; History; Islam

Notes:

“The Genius of Islam: How Muslims Made the Modern World” is a book that informs the reader as to the importance of Islamic contributions to the world. Incredible improvements in several fields were made possible by Islamic social and scientific knowledge, which are still widely used today without any acknowledgment of their origin. As such, this book was written to remind people about the history behind such inventions, with information and illustrations making it a recommended source of knowledge concerning the contributions of Islam to the world.

59. The Life of Prophet Muhammad: Highlights and Lessons

Type Book

Author Mustafa Sibaa'ie

Author Nasiruddin Khattab

Place Riyadh

Publisher International Islamic Publishing House

ISBN 978-9960-850-21-4 978-9960-850-47-4

Date 2004

Short Title The Life of Prophet Muhammad

of Pages 196

Tags: Prophetic stories

Notes:

“The Life of Prophet Muhammad: Highlights and Lessons” relays the most vital events of Prophet Muhammad’s ﷺ lifetime. After summarising his life chronologically to provide an educational synopsis, his teachings and lessons drawn out of this are then derived to educate readers. As an introductory level book on Prophet Muhammad ﷺ, this book provides an abundance of examples on his method of calling people to Islam. It is also a perfect book to introduce readers to the Seerah (biography of the Prophet) and the study of the life of the Messenger ﷺ.

60. The Messenger: The Meanings of the Life of Muhammad

Type	Book
Author	Tariq Ramadan
Place	London
Publisher	Penguin Books
ISBN	978-0-14-102855-2
Date	2008
Call Number	BP75 .R36 2008
Short Title	The Messenger
# of Pages	242

Notes:

This book uses both divine and moral reflections to present how Prophet Muhammad’s ﷺ message and teachings are utilised to manage provocative topics. The topics mentioned range from the mistreatment of the poor and the role of women in society, to how the word “jihad” is misinterpreted by both non-Muslims and (unfortunately) Muslims today. The book also acquaints non-Muslims with the Prophet’s life and the values of Islam.

61. The Muqaddimah: An Introduction to History

Type	Book
Author	Ibn Khaldun
Place	Princeton, NJ
Publisher	Princeton University Press
ISBN	978-0-691-16628-5

Date 2015

Short Title The Muqaddimah

of Pages 512

Tags: Islamic civilization; Islamic history

Notes:

The Muqaddimah is one of the most valued Islamic commentaries of the pre-modern world written by the great Islamic scholar, Ibn Khaldun. Ibn Khaldun's work, in Arabic, established the basics of numerous areas of knowledge including philosophy of history, sociology, ethnography, and economics. This work was translated to English by an Arabic literature interpreter, Franz Rosenthal in 3 volumes in 1958 as part of the much-admired Bollingen Series. This particular book is a single volume abridged version that combines Rosenthal's introduction with Bruce B. Lawrence contemporary one. This volume presents Ibn Khaldun's seminal work, and presents an early history of the Muslim world to contemporary audiences.

62. Umar Ibn Al-Khattab: His Life and Times

Type Book

Author Ali Muḥammad Sallabi

Place Riyadh

Publisher International Islamic Publishing House

ISBN 978-9960-9871-0-1 978-9960-9871-1-8

Date 2007

Call Number DS38.4.U45 S2513 2007

Short Title 'Umar ibn al-Khaṭṭāb

of Pages 245

Tags: 622-661; Caliphate; Caliphs; History; Islamic Empire; Umar ibn al-Khaṭṭāb

Notes:

"Umar Ibn Al-Khattab: His Life and Times" highlights the great difficulties faced by the second 'Rightly Guided' Caliph, Umar ibn al-Khattab (may Allah be pleased with him). In addition to this, the book also reveals how Umar's rule was influenced by realisation that he had an obligation to ensure the welfare of those under his reign, and for this he would be answerable before Allah. In addition, the book also reveals how Umar, despite the great difficulties he faced, would play a vital role in Islamic history.

63. Uthman ibn Affan: His Life and Times

Type Book

Author Ali Muḥammad Sallabi

Author Rashid Hamalainen

Place Riyadh, Saudi Arabia

Publisher International Islamic Publishing House

ISBN 978-603-501-216-4

Date 2013

Short Title ‘Uthmân ibn ‘Affân

of Pages 672

Tags: 622-661; Caliphate; Caliphs; History; Islamic Empire; Uthman ibn Affan

Notes:

“Uthman ibn Affan: His Life and Times” details the interesting and informative life of Uthman ibn Affan, the third ‘Rightly Guided’ Caliph (may Allah be pleased with him). The book explains Uthman ibn Affan’s efforts in expanding the Islamic empire. It also details how the Caliph assembled the Qur’an into the form we know it today. This book goes on to explain the issues that overwhelmed the Muslims during his reign, and subsequently the empire that he expanded after taking the responsibility as Islam’s third Caliph.

64. Women Around the Messenger

Type Book

Author Muḥammad Ali Qutb

Author Abdul Rafi Adewale Iman

Place Riyadh

Publisher International Islamic Publishing House

ISBN 978-603-501-022-1

Date 2008

of Pages 364

Tags: Islamic teachings; Muhammad; Prophet’s wives

Notes:

“Women Around the Messenger” describes how at the initial stages of Islam, a number of women became important figures who helped shape the first Muslim society. Furthermore, it goes on to describe how Islam allowed them to free themselves from the patriarchal oppression of pre-Islamic pagan culture. This book serves as a reminder to how women during the life of the Messenger ﷺ served as exceptional exemplars for not just women of their time, but also provided inspiration for generations to come. Specific biographies of Muslim women who were leaders during the initial development of the Muslim society are highlighted in this book. Descriptive footnotes are made available for the uninitiated, and the book strives to dispel misconceptions about Muslim women and their role in society, both then and now.

Section 3: Books on Islamic business and finance

There are 6 titles in this section that specifically contains titles that talk about the fundamentals of Islamic wealth creation.

65. First Principles of Islamic Economics

Type Book

Author Sayyid Abul Ala Maududi

Author Khurshid Ahmad

Place Markfield, Leicestershire

Publisher The Islamic Foundation

ISBN 978-0-86037-492-3 978-0-86037-482-4

Date 2011

of Pages 290

Tags: Economics; Economic system; Economy; Islam

Notes:

“First Principles of Islamic Economics” is a collection of Abul A’la Mawdudi’s primary articles that introduced the public to the history and foundation of Islamic economics. Mawdudi explains how Islamic economics is based on the premise of wealth creation by both individuals and society at large. He also describes how the central philosophy of interest-free economy is to introduce both economic effectiveness and value to everyone involved. The book is based on the verses found in the Qur’an and the Sunnah, where both sources mentions how wealth should be created to benefit both the individual as well as those around him.

66. Introduction to Islamic Banking & Finance: Principles and Practice

Type Book

Author M. Kabir Hassan

Author Rasem N. Kayed

Author Umar A. Oseni

Place Harlow

Publisher Pearson

ISBN 978-0-273-73731-5

Date 2013

Short Title Introduction to Islamic banking & finance

of Pages 436

Tags: Finance sector; Islam; Islamic Bank; Islamic Finance system

Notes:

“Introduction to Islamic Banking & Finance: Principles and Practice” is a book that covers the fundamental components of what is labelled as Islamic Banking and Finance. In addition to the basics, the book also highlights current perspectives pertaining to contemporary arguments within the field. The book is recommended for those who are looking to comprehend the basics of Islamic Banking and Finance – an area that is growing in importance as a field in the global financial sector.

67. Islamic Finance: Issues in Sukuk and Proposals for Reform

Type Book

Author Mohammad Hashim Kamali

Author Abdul Karim

Place Markfield

Publisher Islamic Foundation

ISBN 978-0-86037-578-4

Date 2014

Short Title Islamic Finance

of Pages 300

Tags: Economics; Islamic finance

Notes:

“Islamic Finance: Issues in Sukuk and Proposals for Reform” is a book about Islamic investment, focusing primarily on sukuk (Islamic bonds), which are organized to produce

profit for investors by strictly adhering to the Islamic law that prohibits riba (interest). The book reminds readers how the sukuk market, despite the challenges of the financial crisis, has gained traction in recent years, with its philosophy of gaining profit without the element of riba. Shari'ah (Islamic law) compliance is discussed in detail for those who are directly involved in sukuk, as well as scholars and students of Islamic finance.

68. The Art of RF (Riba-Free) Islamic Banking and Finance: Tools and Techniques for Community-based Banking

Type Book

Author Yahia Abdul-Rahman

Place Hoboken

Publisher Wiley

ISBN 978-1-118-77096-2

Date 2014

Call Number HG3368.A6 A244 2014

Short Title The art of RF (Riba-Free) Islamic banking and finance + website

of Pages 544

Tags: Banks and banking; BUSINESS & ECONOMICS / Finance; Finance; Islamic countries; Religious aspects Islam

Notes:

“The Art of RF (Riba-Free) Islamic Banking and Finance: Tools and Techniques for Community-based Banking” is a very informative book authored by the best-selling writer of “The Father of Riba-free Banking”, Yahia Abdul Rahman. This book acts as an excellent source of fundamental information concerning the incorporation of Islamic Banking and Finance into practices beyond just banking. The author also explains how the Riba-free (interest free) banking and finance system is actually the same original philosophy found across the other two Abrahamic faiths – Judaism and Christianity. Other sections of the book cover equally interesting information concerning the origin of paper money, the role of a country’s central bank, and specifically, the US banking system.

69. Your Money Matters the Islamic Approach to Business Money, and Work

Type Book

Author Mohammad Rahman

Place Riyadh, Saudi Arabia

Publisher International Islamic Publishing House

ISBN 978-603-501-253-9

Date 2014

Short Title Your Money Matters the Islamic Approach to Business Money, and Work

of Pages 280

Tags: Islamic business; Islamic finance

Notes:

“Your Money Matters the Islamic Approach to Business Money, and Work” is a book that discusses a number of vital and important financial topics from a Muslim perspective, ranging from individual investments, business management, financial savings, and daily work. Verses from the Qur’an and authentic hadeeth provides a guideline as to what Muslims can or can’t do with regards to the above-mentioned topics. Non-Muslims can also benefit from this book given its excellent advice on how businesses can be operated in an efficient and effective manner, especially today’s multi-cultural trade environments.

Section 4: Books on Islamic interpersonal relationships

There are 18 titles in this section about relationship between individuals including relationship with members of a community. In addition, there are also books that provide advice on marriage, parenting, and rights for women.

70. A Guide to Male-female Interaction in Islam

Type Book

Author Hatem Al-Haj

Place Riyadh, Saudi Arabia

Publisher International Islamic Publishing House

ISBN 978-603-501-242-3

Date 2014

of Pages 158

Tags: Religious aspects Islam; Sex differences Religious aspects; Sex role; Social interaction

Notes:

“A Guide to Male-Female Interaction in Islam” is a book that provides Muslims with guidance on how males and females, who are not related to each other, should interact in accordance to orthodox Islamic principles. The book explains to readers how Islam provides a framework for social interaction by both males and females, so that they may thrive in their daily activities, whilst keeping an honourable boundary. The guidelines are based on the Qur’an and the Sunnah, and consider opinions from scholars who come from both strict and more flexible points of view. This book is suitable for both genders.

71. Before You Tie the Knot: A Guide for Couples

Type Book

Author Salma Abugideiri

Author Mohamed Hag Magid

Place Canada

Publisher CreateSpace

ISBN 978-1-4936-3705-8

Date 2013

Short Title Before you tie the knot

of Pages 347

Tags: Muslim family; Pre-marriage advice

Notes:

“Before You Tie the Knot: A Guide for Couples” is a book that promotes a healthy relationship between husband and wife, grounded in an Islamic framework. The author explains that the framework is recommended for those who are about to get married, or even for parents who have children in the process of getting married. One of the fundamental philosophies the author has lays out involves the view that marriage is an equal partnership. With an awareness of this philosophy, it is hoped that both parties involved should be able to strive towards achieving the primary objective of marriage (reciprocated tranquility), with greater ease.

72. "Believing Women" in Islam: Unreading Patriarchal Interpretations of the

Qur'ān

Type Book

Author Asma Barlas

Place Austin, TX

Publisher University of Texas Press

ISBN 978-0-292-70903-4 978-0-292-70904-1

Date 2002

Call Number BP173.4 .B35 2002

Short Title "Believing women" in Islam

of Pages 254

Tags: Religious aspects Islam; Women in Islam; Women in the Qur'an; Women's rights

Notes:

“Believing Women’ in Islam: Unreading Patriarchal Interpretations of the Qur'ān” is a highly-recommended book that exclusively deals with the misperceptions of Islamic women. The

highlight of this book is that the misperceptions discussed are from external opinions (i.e. non-Muslims) and, from the internal opinions of Muslim men. The author advocates both groups to look and ponder upon the ultimate source of Islam, the Qur'an, and how the Noble Book's verses put men and women on an equal footing. The author also reminds Muslim men not to follow cultural traditions where some patriarchal-based cultures view women as inferior to men. She also advocates against blindly accepting Western media stereotypes, which cannot differentiate between culture and authentic Islamic teachings.

73. Bent Rib: A Journey Through Women's Issues in Islam

Type	Book
Author	Huda Khattab
Place	London, U.K
Publisher	Ta-Ha
ISBN	978-1-897940-57-0
Date	1997
Call Number	BJ1292.W6 A42 1997
Short Title	Bent Rib
# of Pages	127

Tags: Conduct of life; Customs and practices; Islam; Muslim women; Women in Islam

Notes:

This book discussed women's rights, the correct concept of women in Islam as per orthodox sources, as well as misleading concepts held by society regarding this topic. The book also encompasses every facet of a married Muslim woman's life; her relations with her husband, her family, her children, and society. In addition, misconceptions about Islamic teachings such as female genital mutilation and polygyny are given more than just special mentions by the author of the book. The book also attempts to reduce the criticism Islam receives by highlighting other misconceptions that new Muslims and non-Muslims have about the religion.

74. Enjoy Your Life; The Art of Interpersonal Relations as Exemplified in the Prophet's Biography

Type	Book
Author	Muhammad ibn Abd al-Rahman Arifi
Place	Riyadh, Saudi Arabia
Publisher	International Islamic Publishing House
ISBN	978-603-501-158-7
Date	2012
Language	English
Short Title	Enjoy your life
# of Pages	476

Tags: Interpersonal relations; Society

Notes:

“Enjoy Your Life: The Art of Interpersonal Relations as Exemplified in the Prophet's Biography” is a book that provides an extensive guide to improving one's social interactions, which will subsequently make one's life more enjoyable. The comprehensive guide is based on several examples from the biography of Prophet Muhammad ﷺ with a few added examples from the author's own perspective. This book aims to demonstrate how the application of interpersonal skills can have a subsequent impact on the readers' life, as well as the society in which they live.

75. How to Make It in Today's World: A Modern Muslim's Survival Guide

Type	Book
Author	Michael Tofte
Place	Riyadh, Saudi Arabia
Publisher	International Islamic Publishing House
ISBN	978-603-501-241-6
Date	2014

Short Title How to Make It in Today's World

of Pages 239

Tags: Muslim survival guide; Real world situations

Notes:

“How to Make It in Today's World: A Modern Muslim's Survival Guide” is a book that brings awareness to the issues that plague Muslims as they try to make sense of the things that happen around them from day-to-day. Issues affecting Muslim society are highlighted, examined, and discussed, and solutions based on Islamic principles are offered to alleviate such issues. This book also a good read for non-Muslims, given most of the issues faced by Muslims are also faced by society in general.

76. Islam: The Empowering of Women

Type Book

Author Aisha Abdurrahman Bewley

Place London

Publisher Ta-Ha

ISBN 978-1-897940-75-4

Date 1999

Call Number BP173.4 .B48 1999

Short Title Islam

of Pages 65

Tags: Feminism; Muslim women; Religious aspects Islam; Sex differentiation; Women in Islam; Women in the Qur'an

Notes:

“Islam: The Empowering of Women” is a book that investigates the drop in active involvement of Muslim women in the public sphere. The author starts the book with a historic recollection of how Muslim women were active in all fields, whether it be academic, political, or spiritual areas. The author describes how this unfortunate phenomenon needs thorough investigation so that what is perceived to be the norm in today's world can be reversed, and the inclusion of Muslim women in the public sphere can regain its normative status once again.

77. Nurturing Eeman in Children

Type Book

Author Aisha Hamdan

Place Riyadh

Publisher Internat. Islamic Publ. House

ISBN 978-603-501-032-0

Date 2009

of Pages 223

Tags: Islamic children

Notes:

“Nurturing Eeman in Children” goes differs from conventional how-to parenting books that are currently available in the market. Instead of giving tips on how to raise a child to simply be successful in this world, the author goes further to discuss how to raise a child for success in the after-life as well. The book aims to assist parents on how to help their children create a connection with Allah and thus, an affinity for Islam. The author covers frequently asked questions by Muslim parents on the ‘what’, ‘why’ and ‘how’ to nurture a child to be well-mannered, whilst carrying faith in their heart.

78. Positive Parenting in the Muslim Home: Parenting that Connects

Type Book

Author Noha Alshugairi

Place Irvine, CA

Publisher Izza Pub

ISBN 978-0-9742950-5-3

Date 2016

Short Title Positive parenting in the Muslim home

of Pages 440

Tags: Islamic family; Parenting

Notes:

“Positive Parenting in the Muslim Home: Parenting that Connects” is a book about how parenting should be practiced from the Islamic perspective. The author mentions how Muslim parents should apply the philosophy of affection and supervision to properly raise their children. Applying positive correction tools and trusting children with obligation are mentioned as the methods of choice, in addition to positively addressing delicate matters. The author mentions how the above said methods were applied to establish a relationship with their own children following this philosophy of affection and supervision. This is an excellent book for parents who wish to learn about the Islamic method of proper parenthood.

79. Secrets to a Successful Marriage

Type Book

Author Afshan Khan

Place London, U.K

Publisher Ta-Ha Publishers Ltd

ISBN 978-1-84200-157-8

Date 2015

of Pages 114

Tags: Islamic marriage; Marriage; Relationship

Notes:

“Secrets to a Successful Marriage” is written by an experienced Islamic relationship counsellor and author, Afshan Khan. The author attempts to bring readers to the realisation that a good marriage brings peace and fulfilment to both parties, and subsequently their offspring, and society in general. Afshan divides her advice into four well-explained sections; pre-marriage advice; daily tips on maintaining love; advice for couples who are confronting relationship issues; and most importantly, an overview of various conflict triggering issues, including ways to detect them early on and resolve them. The book is an excellent read, offers of practical list of activities for husband and wife to do together, whilst providing several examples for couples to learn from.

80. The Book of Manners

Type Book

Author Fu’ad Shulhoob

Author Faisal Shafiq

Place Riyadh ; Houston
 Publisher Darussalam
 ISBN 978-9960-897-19-6
 Date 2003
 Call Number BJ2019.5.I8 S53 2003
 # of Pages 501

Tags: Islamic etiquette

Notes:

“The Book of Manners” is a book of compiled writings by prominent Islamic scholars of the past such as Ibn Al-Qayyim Al-Jawziyyah and Ibn Muflaih and Sa-Safaareenee, the latter of which wrote important examples of good manners as shown by the Messenger, Prophet Muhammad ﷺ. There are adequate examples shown by the Prophet Muhammad, which can be used even in contemporary situations. The book divides such manners into two separate categories; those for earthly matters and those for spiritual ones. The author further explains how good manners were applied accordingly by the Messenger ﷺ when he dealt with his family, children, companions, and strangers.

81. The Ideal Muslim

Type Book
 Author Muḥammad Ali Hashimi
 Place Riyadh
 Publisher International Islamic Pub. House
 ISBN 978-9960-850-42-9
 Date 2005
 Call Number BP134.M3 H369 2005
 Short Title The Ideal Muslim
 # of Pages 386

Tags: Conduct of life; Criticism, interpretation, etc; Hadith; Islamic ethics; Islam Qur’anic teaching; Muslims; Religious life; Theological anthropology

Notes:

“The Ideal Muslim: The True Islamic Personality of the Muslim as Defined in the Qur’an and Sunnah” is valuable to Muslims who are seeking genuine personal development. Not only does the book provides a clear and practical guideline to daily Islamic routines, it also provides Muslims with the realisation that every act they carry out impacts other people. With this realisation, the book tries to educate Muslims as to how they should consider other people’s lives, and not simply their own.

82. The Ideal Muslimah

Type Book

Author Muhammad Ali Hashimi

Place Riyadh

Publisher International Islamic Publishing House

ISBN 978-9960-850-39-9 978-9960-850-40-5

Date 2005

Short Title The Ideal Muslimah

of Pages 549

Tags: Conduct of life; Criticism, interpretation, etc.; Hadith; Islamic ethics; Islam Qur’anic teaching; Muslims; Religious life; Theological anthropology

Notes:

“The Ideal Muslimah: The True Islamic Personality of the Muslim Woman as Defined in the Qur’an and Sunnah” is a book that discusses the elevated status that Islam has bestowed upon all women, and focuses especially on women’s natural decency. The books primary objectives are to motivate and lead women to further her connection with Allah, herself, her family, her friends, and society at large. These objectives are exclusively derived from relevant Qur’anic verses, as well as various instances from the life of Prophet Muhammad ﷺ.

83. The Ideal Muslim Society

Type Book

Author Muḥammad Ali Hashimi

Place Riyadh

Publisher International Islamic Publishing House

ISBN 978-9960-9813-1-4

Date 2007

Call Number BP161.3 .H358 2007

Short Title The Ideal Muslim Society

of Pages 544

Tags: 21st century; Islam; Islam and state

Notes:

“The Ideal Muslim Society: As Defined in the Qur’an and Sunnah” is a book that provides readers with a different perspective of the world where fairness, liberty, civility, and common-sense triumph. This is in contrast with people’s general view of a world overwhelmed with political conflicts, economic recessions, and public torment. This book also provides a comprehensive image of what society should look like when authentic Islamic teachings are applied to the whole of humanity. The book derives this conclusion on a wide-ranging study of historical Islamic civilisation, where real ideas flourished and hope was fulfilled.

84. The Islamic Civilization

Type Book

Author Hasan al- Banna

Place Milpitas (CA)

Publisher Awakening Publications

ISBN 978-0-9537582-6-5

Date 2002

of Pages 220

Tags: Islamic civilization; Islamic contributions; Islamic history

Notes:

“The Islamic Civilization” is a book that brings readers back to the past when Islamic civilization was the best in terms of equity, tranquility and economic plenty. The book also describes how European culture was reborn during this time, when men from Europe studied from great Islamic scholars, which pulled the continent out from its dark ages. Various fields of knowledge were transferred during this period, from philosophy, science, mathematics, astronomy, chemistry, physics, medicine, and craftsmanship.

85. The Prophet Muhammad: The Best of All Husbands

Type Book

Author Ghazi al- Shammari

Author Najwa Jaffer

Place Riyadh

Publisher International Islamic Publishing House

ISBN 978-603-501-029-0

Date 2009

Language English

Short Title The Prophet Muhammad

of Pages 96

Tags: Families; Marriage; Muhammad; Religious aspects Islam

Notes:

“The Prophet Muhammad: The Best of All Husbands” highlights how the Messenger ﷺ respectfully treated his wives, and how every husband should follow his example, and be rewarded by Allah for doing so. The book outlines the respectful interactions between the Messenger ﷺ and his wives, and by reading this book it is hoped that readers can deduce how such interactions can make a positive impact in their married life and subsequently lead to a fruitful and happy ongoing relationship. The book also explains how the Prophet’s examples of kindness, tenderness, and impartiality in dealing with his wives can help alleviate several issues that arise in modern day relationships.

86. Traversing the Highs and Lows of Muslim Marriage

Type Book

Author I. Sadaf Farooqi

Place Riyadh, Saudi Arabia

Publisher International Islamic Publishing House

ISBN 978-603-501-116-7

Date 2011

Call Number BP190.5.M28 F37 2011

Short Title Traversing the Highs and Lows of Muslim Marriage

of Pages 192

Tags: Families; Marriage; Religious aspects Islam

Notes:

“Traversing the Highs and Lows of Muslim Marriage” offer thorough relationship advice based on real and useful information derived from both the Qur’an and Sunnah. The book provides a clear course of action to construct a solid, blissful, and everlasting marriage. Guidelines to these methods are based on positively confronting issues whenever those issues become apparent.

87. You Can Be the Happiest Woman in the World: A Treasure Chest of

Reminders

Type Book

Author Aid Al-Qarni

Place Riyadh

Publisher International Islamic Publishing House

ISBN 978-9960-850-89-4 978-9960-850-90-0

Date 2005

Short Title You Can Be the Happiest Woman in the World

of Pages 270

Tags: Conduct of life; Self-actualization (Psychology)

Notes:

“You can be the Happiest Woman in the World: A Treasure Chest of Reminders” aims to illustrate how people can seek ways to overcome psychological ailments such as anxiety, tension, and depression. The author derives a path to happiness through a balanced mix of Islamic and secular perspectives, utilising several diverse scholars and philosophies. The book can be wholly read in a single sitting, or alternatively read in sections of the reader’s choosing. Overall, this book is a collection of reminders that can assist readers to acquire vital knowledge, and subsequently lead them to happiness in this world and beyond.

Section 5: Books on Islamic personal wellbeing

There are 13 titles in this section which consists of books that describe the Islamic philosophy to Prophetic medicines and holistic cures for the body, mind, and soul.

88. Counselling Muslims: Handbook of Mental Health Issues and Interventions

Type	Book
Editor	Sameera Ahmed
Editor	Mona M. Amer
Place	New York
Publisher	Routledge
ISBN	978-0-415-98860-5
Date	2012
Call Number	BF636.7.C76 C686 2012
Short Title	Counselling Muslims
# of Pages	396

Tags: Counselling; Cross-cultural counselling; Psychiatry, Transcultural; Religious aspects Islam

Notes:

“Counselling Muslims: Handbook of Mental Health Issues and Interventions” is a book that provides a Western mental health perspective of how to incorporate faith and piety when handling specific patients. The author makes readers aware how mental health experts were not coping by just using conventional methods and therapies. This is one of just a few titles in the market that provides mental health professionals with an appropriate and holistic philosophy for treating Muslim patients. This is a recommended book for current practitioners, educator, and those who are interested in working as a professional mental health practitioner.

89. Don't Be Sad

Type	Book
Author	Aid ibn Abdullah Al-Qarni
Place	Riyadh

Publisher International Islamic Publishing House

ISBN 978-9960-850-44-3 978-9960-850-36-8

Date 2005

of Pages 475

Tags: Psychology; Self-actualization (Psychology); Self-realization

Notes:

“Don’t Be Sad” is a book that offers real-world assistance to rid individuals of grief and personal setbacks, with the intention of substituting both with a genuine and satisfying outlook on life. The author reminds readers of how Islam has educated Muslims on how to properly handle life’s trials and tribulations, and through this knowledge Muslims can remain steadfast whilst maintaining their faith. The book also provides instances where the main sources of Islamic teachings, the Qur’an and the Sunnah, provide people with a remedy to grief and setbacks. The author primarily attempts to offer readers an authentic and holistic Islamic method of preserving one’s emotional and spiritual balance, especially during hard times.

90. Healing Body & Soul: Your Guide to Holistic Wellbeing Following Islamic

Teachings

Type Book

Author Amira Ayad

Author Gamila Hakam

Place Riyadh

Publisher Internat. Islamic Publ. House

ISBN 978-9960-58-649-6 978-9960-58-648-9

Date 2008

Short Title Healing body & soul

of Pages 526

Tags: Health Religious aspects Islam; Islam; Islam Customs and practices Health aspects; Muslims Conduct of life Health aspects; Soul Islam; Spirituality

Notes:

“Healing Body & Soul: Your Guide to Holistic Wellbeing Following Islamic Teachings” is a book that provides information beyond the contemporary guide to good health. The author provides an awareness about the connections between the body, mind, and soul and how the health of a person depends on the health of each mentioned component. The author focuses on a balanced and comprehensive approach based on Islamic health science and rituals. The author also includes an easy guide that can potentially lead the reader to enjoy better health in body, mind, and soul.

91. Healing with the Medicine of the Prophet

Type Book

Author Imam Ibn Qayyim Al-Jauziyah

Translator Jalal Abual Rub

Place Riyadh

Publisher Darussalam

ISBN 978-603-500-126-7

Date 2010

of Pages 429

Tags: Medicine; Natural healing

Notes:

“Healing with the Medicine of the Prophet” is a book that looks at how Prophet Muhammad صلى الله عليه وسلم addressed a multitude of illnesses that afflicted both him and the people around him. The book further explains how the Messenger صلى الله عليه وسلم treated such illnesses, as well as the ways to prevent these illnesses from reoccurring. The health practices observed by Prophet Muhammad صلى الله عليه وسلم are exclusively based on the Qur’an and the Sunnah. The end of the book provides a treasure of important terms that include cures, herbs, foods, and other organic substances that can assist a person who seeks better health.

92. Health and Medicine in the Islamic Tradition: Change and Identity

Type Book

Author Fazlur Rahman

Place Chicago, IL

Publisher ABC International Group

ISBN 978-1-871031-64-5

Date 1998

Call Number BP166.72 .R35 1998

Short Title Health and medicine in the Islamic tradition

of Pages 149

Tags: Ethics, Medical; Health; Islam; Medicine; Religion and Medicine; Religious aspects Islam

Notes:

“Health and Medicine in the Islamic Tradition: Change and Identity” is a ground-breaking attempt at linking Islamic teachings as a holistic philosophy, which takes care of one’s own health, whilst also caring for others. The author researches areas that relate to how both wellness and sickness are viewed from an orthodox Islamic perspective. In addition to this, the author also explains how Islam evaluates modern medicine to ensure that its consumption is permitted. The book also includes in-depth discussion about Prophetic medicine, health care and ethics, all of which are derived from the Qur’an and the Sunnah.

93. Islamic Approaches to Patient Care: Muslim Beliefs and Healthcare Practices for Caregivers

Type Book

Author Raufa Sherry Tuell

Place Beltsville, Md

Publisher Amana Publications

ISBN 978-1-59008-070-2

Date 2011

Call Number BP166.72 .T84 2011

Short Title Islamic approaches to patient care

of Pages 206

Tags: Caregivers; Customs and practice; Islam; Medical care; Medicine; Religious aspects Islam

Notes:

“Islamic Approaches to Patient Care: Muslim Beliefs and Healthcare Practices for Caregivers” is an important book that provides guidelines and answers some of the most important questions regarding the provision of proper care to Muslim patients. Some of the questions that the book covers include; does Islam make female circumcision obligatory? Are contraceptives and abortions allowed in Islam? Why does Islam highly advise burying their dead within 24 hours? These (and other) questions are not only answered, but meticulously explained by the author, making this book one of the most important concerning the provision of patient care to Muslims.

94. Medicine of the Prophet

Type	Book
Author	Muhammad ibn Abi Bakr Ibn Qayyim al-Jawziyah
Place	Cambridge
Publisher	Islamic Texts Society
ISBN	978-0-946621-19-4 978-0-946621-22-4
Date	1998
Call Number	BP166.72 .I26 1998
# of Pages	318

Tags: Medicine; Medicine, Arab; Medicine in the Qur'an; Medicine, Medieval; Religious aspects Islam

Notes:

“Medicine of the Prophet” is an English translation of a very important book that talks about the connection between religious and medical knowledge, and provides guidelines and instructions on the objectives of medicine, as well as maintaining health and re-establishing it after illness. The framework that was first authored by fourteenth century religious scholar, Ibn Qayyim, is based primarily on the Qur'an and the Sunnah. This translated work on Prophetic medicine brings the combination of these sources into the current environment where practitioners of Islam highly regard their relevance.

95. Psychology from the Islamic Perspective

Type	Book
Author	Aisha Utz
Place	Riyadh

Publisher International Islamic Publishing House

ISBN 978-603-501-108-2 978-603-501-099-3

Date 2011

Call Number BP175 .U89 2011

of Pages 351

Tags: Islam; Psychology; Religious aspects Islam

Notes:

“Psychology from the Islamic Perspective” highlights the field of psychology through an Islamic lens and mind-set. The author confides in how the unpredictable nature of human beings makes human behaviour almost impossible to foresee and explain. Nevertheless, the author reminds the reader of how Allah has bestowed human beings with guidance in every aspect of our daily lives, which includes our soul and ever-changing consciousness. Without being overly complex, this book provides a comprehensive approach to explain the psychological relationships between our soul, our daily priorities and life’s ultimate purpose. The concepts are exclusively derived from the Qur’an and Sunnah.

96. Purification of the Heart: Signs, Symptoms, and Cures of the Spiritual

Diseases of the Heart

Type Book

Author Hamza Yusuf

Place Place of publication not identified

Publisher Sandala

ISBN 978-0-9855659-0-9

Date 2012

Short Title Purification of the heart

of Pages 220

Tags: Spiritual cure; Spiritual disease

Notes:

“Purification of the Heart: Signs, Symptoms and Cures of the Spiritual Diseases of the Heart” is a book that explains how Islam uncovers ‘diseases of the mind’, whilst at the same time

providing ‘remedies of the heart’. Some of the diseases of the mind mentioned are stinginess, jealousy, abhorrence, disloyalty, resentment, hatred, pretention, egotism, materialism, and desire. The book also discussed the main factors that triggered these diseases and the remedies that alleviate them. The author reveals how relevant Islamic teachings address and cure these ‘diseases’, and in the process, provide ways in which these beneficial Islamic teachings can address the ailments prevalent in today’s modern world.

97. Reclaim Your Heart: Personal Insights on Breaking Free from Life’s Shackles

Type Book

Author Yasmin Mogahed

Place London, U.K

Publisher FB Publishing

ISBN 978-0-9857512-0-3

Date 2012

Short Title Personal Insights on Breaking Free from Life’s Shackles

of Pages 168

Tags: Being happy; Handling disappointment

Notes:

“Reclaim Your Heart: Personal Insights on Breaking Free from Life's Shackles” is a best seller from renowned female Muslim author and psychologist, Yasmin Mogahed. The book focuses on the ‘heart’, describing how it is a vital part of a body that mirrors the psyche and mood of a person. The author explains how one needs to free himself from the constant recurrence of dismay, which may damage the heart if not properly addressed. The author offers readers advice on how a properly managed heart can transform a person’s outlook on life, to attain acceptance and happiness.

98. The Path to Self-Fulfilment: Based upon the Qur’an and the Sunnah of

Prophet Muhammad

Type Book

Author Sakina Hirschfelder

Place Riyadh, Saudi Arabia

Publisher International Islamic Publishing House

ISBN 978-603-501-172-3

Date 2012

Short Title The Path to Self-fulfilment

of Pages 191

Tags: Conduct of life

Notes:

“The Path to Self-fulfillment” addresses how everyone, both Muslims and non-Muslims, have the capacity to achieve self-fulfillment when the prescribed method is applied to one’s life. The author first makes the reader aware of the natural flaws that humans possess, especially when it comes to harming others (intentionally or otherwise). The book focuses on humility and gratitude as the apex of reaching self-fulfillment when people are advised, as prescribed by the Qur’an, to focus on oneself when harmed by others. Humility here is described here as when a person looks at their own flaws, which might trigger others to cause harm to them. Similarly, gratitude is described as being thankful to Allah for the test that will make them a better person because of such self-reflection. Although based on the Qur’an as guidance, this book can also be beneficial to non-Muslims.

99. The Prick of a Thorn: Coping with the Trials and Tribulations of Life

Type Book

Author Aisha Utz

Place Riyadh

Publisher International Islamic Publishing House

ISBN 978-603-501-211-9

Date 2014

Call Number 297.261

Short Title The Prick of a Thorn

of Pages 299

Tags: Adjustment (Psychology); Islam; Psychology; Religious aspects Islam

Notes:

“The Prick of a Thorn: Coping with the Trials and Tribulations of Life” is a book that is designed to assist its readers understanding of both the natural and man-made calamities that are happening around the world. The author first makes readers aware of the trials that occur at the state, community, and personal level, and how these tribulations contain unlimited wisdom and mercy from the creator of the world, its contents, and the tribulations themselves. The author further explains how people need to seek the reasoning behind each trial, and subsequently apply methodologies to adequately cope with such trials.

100. The Productive Muslim: Where Faith Meets Productivity

Type Book

Author Mohammed Faris

Place Swansea

Publisher Awakening Publications

ISBN 978-1-905837-38-0

Date 2016

Short Title The Productive Muslim

of Pages 236

Tags: Being productive; Psychology; Self-actualization (Psychology)

Notes:

“The Productive Muslim: Where Faith Meets Productivity” is a book that was authored by the founder of ProductiveMuslim[dot]com, Mohammed Faris. It provides a guide to Muslims on how become productive within himself or herself, as well as become a productive member of society. The author is inspired by areas of Islamic ethics, contemporary psychology, and the sciences. The combination of these three components provides a recipe for all Muslims to lead a productive spiritual, physical, and social life. This book is excellent for those who seriously wish to contribute to a better society by bettering themselves first.

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